

1 **RESOLUTION NO. 501 (California A)**

2  
3 **Endorse Access Without Age Restriction to Over-the-Counter Oral Contraceptive Pills**

4  
5 Introduced by the California Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, Unintended pregnancy remains a major public health problem in the United States<sup>1</sup>,  
11 and

12  
13 WHEREAS, access and cost issues are common reasons why women either do not use  
14 contraception or have gaps in use<sup>2</sup>, and

15  
16 WHEREAS, eighty-two percent of adolescent pregnancies are unplanned, accounting for one-fifth  
17 of all unintended pregnancies in the United States<sup>3</sup>, and

18  
19 WHEREAS, teenagers experience disproportionately high rates of unintended pregnancy and face  
20 unique challenges accessing contraceptives<sup>4</sup>, and

21  
22 WHEREAS, the American Academy of Family Physicians has previously endorsed contraceptive  
23 access as an important public health measure<sup>4</sup>, including over-the-counter (OTC) availability of  
24 oral contraceptive pills (OCPs)<sup>5</sup>, and

25  
26 WHEREAS, California approved behind-the-counter access to OCPs without an age restriction in  
27 2015<sup>6</sup>, and

28  
29 WHEREAS, surveys indicate that most women in the United States, as well as pharmacists, look  
30 favorably upon the OTC accessing to OCPs and only a minority of women support an age  
31 restriction for OTC OCPs<sup>7</sup>, and

32  
33 WHEREAS, contraindications to oral contraceptives are more prevalent among women 35 years  
34 and older compared with younger women<sup>8</sup>, and

35  
36 WHEREAS, young adolescents do not increase their sexual risk behavior with increased access to  
37 contraception<sup>9</sup>, and

38  
39 WHEREAS, OCPs are the most commonly used hormonal contraceptive method among United  
40 States teens<sup>10</sup>, now, therefore, be it

41  
42 RESOLVED, That the American Academy of Family Physicians write to the U.S. Food and Drug  
43 Administration (FDA) to urge that all adolescents be included in the over-the-counter (OTC) oral  
44 contraceptives studies required by the FDA (e.g., label comprehension study, actual use study) to  
45 determine whether OTC access is appropriate for this population.

46  
47 (Received 04/14/16)

48  
49 **Fiscal Impact:** None

1 **AAFP Background**

2 Oral contraceptives have been determined to be safe and effective for use by adolescents. The  
3 AAFP has advocated on coverage of over-the-counter (OTC) contraception and insurance  
4 coverage. The AAFP sent a [letter](#) to the Centers for Medicare & Medicaid Services (CMS) asking  
5 them to review and revise the coverage of contraceptive options. The AAFP encouraged CMS to  
6 expand coverage of contraceptive options to all FDA-approved contraceptive options for men and  
7 women of reproductive age enrolled in Medicare and Medicaid. The AAFP also sent a [letter](#) to  
8 Senator Patty Murray in support of legislation on OTC access and insurance coverage regardless  
9 of prescription status.

10  
11 All Medicaid programs must cover family planning services; providers and pharmacies are not  
12 permitted to charge cost-sharing for benefits. Family planning is considered a “mandatory” benefit  
13 under Medicaid, but states have discretion in identifying the specifics of inclusion in the program.  
14 Sec. 1905(a)(4)(C) of the Social Security Act provides: family planning services and supplies  
15 furnished (directly or under arrangements with others) to individuals of child-bearing age (including  
16 minors who can be considered sexually active) who are eligible under the State plan and who  
17 desire such services and supplies. Contraception is one of the primary services of family planning  
18 and many states offer broad coverage. There are a number of state Medicaid programs that  
19 currently cover OTC and/or prescriptions for emergency contraception.

20  
21 When pharmaceutical companies wish to switch a drug to an over-the-counter status, the Food  
22 and Drug Administration (FDA) may ask for additional studies, such as label comprehension  
23 studies, self-selection studies, and actual use studies. Label comprehension studies are meant to  
24 ensure that consumers can understand the information on the label. Self-selection studies  
25 determine if consumers can make a correct decision about whether the medication is appropriate  
26 for them after reading the indications and warnings provided. Actual use studies determine if the  
27 medication will be used properly, safely, and effectively in the OTC setting.

28  
29 The process of transferring FDA-approved prescription medications to nonprescription, over-the-  
30 counter (OTC) status is known as “Rx-to-OTC switch.” This process provides consumers with  
31 convenient, cost-effective access to safe and effective medicines without the required assistance  
32 of a healthcare provider. When an ingredient is first introduced as an OTC medicine, it typically  
33 has been marketed by a manufacturer as a prescription medicine first. Then, after a sufficient  
34 amount of time has passed to enable the manufacturer to gather appropriate scientific information  
35 on the product, the manufacturer may elect to submit a new drug application, or NDA, to FDA so  
36 that it may be considered for OTC status. FDA experts review the application and determine if that  
37 product has a high enough safety profile and if labeling can be developed so that the medicine can  
38 be marketed safely and effectively as an OTC medicine.

39  
40 While drug user-fee schedules do apply, each case is handled on its own merits and actually may  
41 take longer than the predetermined 10-month targeted timeframe. There are a number of reasons  
42 that the approval process may be delayed. For example, FDA may ask a manufacturer to provide  
43 additional data on the safety, effectiveness, or use of the product. The agency also may ask a  
44 manufacturer to modify a product’s labeling so that it is more understandable. The important thing  
45 to remember is that each switch application is considered on its own merits.  
46 <http://www.chpa.org/SwitchFAQs.aspx>([www.chpa.org](http://www.chpa.org))

47  
48 The FDA has drafted Guidance for Industry E11 Clinical Investigation of Medicinal Products in the  
49 Pediatric Population.  
50 <http://www.fda.gov/downloads/drugs/guidancecomplianceregulatoryinformation/guidances/ucm073>  
51 [143.pdf](http://www.fda.gov/downloads/drugs/guidancecomplianceregulatoryinformation/guidances/ucm073)([www.fda.gov](http://www.fda.gov))

1 The FDA also provides guidance to clinical investigators on including adolescents in studies.  
2 Moreover, when children are to be included as subjects in a study, the parent or guardian must  
3 provide permission in accordance with requirements for informed consent.  
4 [http://www.fda.gov/RegulatoryInformation/Guidances/ucm404975.htm#children\(www.fda.gov\)](http://www.fda.gov/RegulatoryInformation/Guidances/ucm404975.htm#children(www.fda.gov))

5  
6 The following article provides a good overview on this topic. “A Difficult Proposition: Oral  
7 Contraceptives’ Switch from Prescription to Over-the-counter Status.”  
8 [https://dash.harvard.edu/bitstream/handle/1/8965575/Ada\\_Dekhtyar.pdf?sequence=1\(dash.harvard.edu\)](https://dash.harvard.edu/bitstream/handle/1/8965575/Ada_Dekhtyar.pdf?sequence=1(dash.harvard.edu))

## 11 **Current Policy**

### 13 [Over-the-Counter Oral Contraceptives](#)

### 15 [Contraception Methods for Medicare Patients](#)

### 17 [Coverage, Patient Education, and Counseling for Family Planning, Contraceptive Methods, and Sterilization Procedures](#)

## 20 **Prior Congress Action**

### 22 **Resolution No. 503 from the 2011 COD (Not Adopted):**

23 RESOLVED, That the American Academy of Family Physicians (AAFP) urge the U.S.  
24 Congress and federal and state agencies to provide federal and state Medicaid coverage for  
25 all family planning drugs and supplies that are FDA-approved for sale over-the-counter, and  
26 not require a prescription for such coverage, and be it further

27  
28 RESOLVED, That the American Academy of Family Physicians (AAFP) urge health insurers  
29 and managed care organizations participating in Medicaid and the private insurance market  
30 to include in their insurance products coverage for all family planning drugs and supplies that  
31 are FDA-approved for sale over-the-counter, and not require a prescription for such  
32 coverage.

33 **Please see Page 258-262 in the [2011 Transactions](#) for details.**

### 35 **Resolution No. 504 from the 2011 COD (Not Adopted):**

36 RESOLVED, That the American Academy of Family Physicians support congress and  
37 federal and state agencies to enact legislation and policies that to provide federal and state  
38 Medicaid coverage for all oral contraceptive pills that are FDA-approved for sale over-the-  
39 counter, and not to require a prescription for such coverage and be it further

40  
41 RESOLVED, That the American Academy of Family Physicians (AAFP) urge health insurers  
42 and managed care organizations participating in Medicaid and the private insurance market  
43 to include in their insurance products coverage for all oral contraceptive pills that are FDA-  
44 approved for sale over-the-counter, and not to require a prescription for such coverage.

45 **Please see Pages 258-262 in the [2011 Transactions](#) for details.**

### 47 **Substitute Resolution No. 503 from the 2011 COD (Substitute Adopted):**

48 RESOLVED, That the American Academy of Family Physicians (AAFP) support policies and  
49 legislation that would require public and private insurance plans to provide coverage for  
50 family planning drugs and supplies that are FDA approved, including those for sale over-the-  
51 counter.

52 **Please see Pages 258-262 from the [2011 Transactions](#) for details.**

1 Please see Page 174 from the [2012 Transactions](#) for follow-up details.

2  
3 **Resolution No. 504 from the 2013 COD (Referred to the BOD):**

4 RESOLVED, That the American Academy of Family Physicians endorse the policy that oral  
5 contraceptive pills be made available over-the-counter, weighing the risks versus the benefits  
6 based on currently available data, and be it further

7  
8 RESOLVED, That the American Academy of Family Physicians endorse the policy that oral  
9 contraceptive pills be included among Food and Drug Administration-approved over-the-  
10 counter contraceptive methods and supplies covered by insurers and Medicaid.

11 Please see Pages 310-313 in the [2013 Transactions](#) for details.

12 Please see [Resolution No. 504](#) on the AAFP website for follow-up details.

13  
14 **Resolution No. 505 from the 2013 COD (Referred to the BOD):**

15 RESOLVED, That the American Academy of Family Physicians adopt policy recommending  
16 that oral contraceptives be made available for retail sale without a prescription.

17 Please see Pages 310-313 in the [2013 Transactions](#) for details.

18 Please see [Resolution No. 505](#) on the AAFP website for follow-up details.

19  
20 **Resolution No. 506 from the 2013 COD (Referred to the BOD):**

21 RESOLVED, That the American Academy of Family Physicians write to the U.S. Food and  
22 Drug Administration (FDA) to urge that oral contraceptive pills (OCPs) be made available  
23 without a prescription and with coverage by the Centers for Medicare and Medicaid Services  
24 and commercial insurers, and be it further

25  
26 **References:**

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- 29 2. Frost JJ, Singh S, Finer LB. U.S. women's one-year contraceptive use patterns, 2004. Perspect Sex  
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- 33 4. Adolescents and long-acting reversible contraception: implants and intrauterine devices. American  
34 College of Obstetricians and Gynecologists. Committee Opinion No. 539. Obstet Gynecol.  
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- 36 5. AAFP COD 2011 – Advocacy Item 3 Adopted.
- 37 6. §1746.1 of Article 5 of Division 17 of Title 16 of the California Code of Regulations: Protocol for  
38 Pharmacists Furnishing Self-Administered Hormonal Contraception.
- 39 7. Grindlay K, Grossman D. Women's Perspectives on Age Restriction for Over-the-Counter Access to  
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- 41 8. Grossman D, Fernandez L, Hopkins K, Amastae J, Garcia SG, Potter JE. Accuracy of self-screening for  
42 contraindications to combined oral contraceptive use. Obstet Gynecol. 2008;112(3):572-578.
- 43 9. Harper CC, Cheong M, Rocca CH, Darney PD, Raine TR. The effect of increased access to emergency  
44 contraception among young adolescents. Obstet Gynecol. 2005;106(3):483-491.
- 45 10. Upadhyya, Krishna. Contraception for adolescents. Pediatrics in review [0191-9601] yr:2013 vol:34 iss:9  
46 pg:384 -94.

1 11. RESOLVED, That the American Academy of Family Physicians endorse making oral  
2 contraceptive pills (OCPs) available without a prescription, with coverage by insurers and the  
3 Centers for Medicare and Medicaid Services.

4 **Please see Pages 310-313 in the [2013 Transactions](#) for details.**

5 **Please see [Resolution No. 506](#) on the AAFP website for follow-up details.**

6

7 **Prior Board Action**

8 Approval of a recommendation from the Commission on Health of the Public and Science that  
9 the new statement "[Over-the-Counter Oral Contraceptives](#) be approved as AAFP policy.

10 B2014, July 30-August 1, pp. 10-11.

11

12 Approval of a [letter](#) of support for the Affordability is Access Act (S. 1532).

13 BC1:12015, July 15, p. 1.

14

1 **RESOLUTION NO. 502 (California B)**

2  
3 **Medicaid Coverage of Over-the-Counter (OTC) Emergency Contraception (EC)**

4  
5 Introduced by the California Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, The American Academy of Family Physicians (AAFP) policy on “Reproductive  
11 Decisions” states “The American Academy of Family Physicians believes physicians should  
12 seek to ... decrease the number of unwanted pregnancies,” and

13  
14 WHEREAS, emergency contraception (EC) can decrease unwanted pregnancies by  
15 approximately 50 percent<sup>1</sup>, and

16  
17 WHEREAS, extensive literature has established that over-the-counter (OTC) EC is safe<sup>2</sup>,  
18 and

19  
20 WHEREAS, the U.S. Food and Drug Administration (FDA) approved the sale of EC OTC in  
21 2006 and the AAFP supported this proposal in 2003 (Resolution No. 515), and

22  
23 WHEREAS, EC has a limited effectiveness window making it extremely important that  
24 patients have the ability to access this medication without delay, and

25  
26 WHEREAS, numerous professional bodies, including the American Academy of Pediatrics<sup>3</sup>,  
27 the American College of Obstetricians and Gynecologists<sup>4</sup>, the Society of Adolescent  
28 Health and Medicine<sup>5</sup>, the Association of Reproductive Health Professionals<sup>6</sup>, and the  
29 American Public Health Association<sup>7</sup> have issued statements recognizing that EC is safe  
30 and effective for all females of reproductive age, and support OTC access without age  
31 restriction, and

32  
33 WHEREAS, since becoming OTC, the cost of Plan B increased from approximately \$25 to  
34 over \$50, and

35  
36 WHEREAS, low income women are disproportionately affected by the cost of OTC  
37 medications, and

38  
39 WHEREAS, nine other states including Hawaii, Illinois, Maryland, New Jersey, New Mexico,  
40 New York, Oklahoma, Oregon, and Washington provide coverage for OTC EC through  
41 Medicaid without prescriptions, and

42  
43 WHEREAS, California’s Medi-Cal program, for example, covers<sup>8</sup> multiple other OTC  
44 medications including, but not limited to, Ibuprofen, Benadryl, Clotrimazole, Pedialyte, iron  
45 tablets, Pepto-Bismol, Hydrocortisone cream, Pepcid, Naproxen, Loratadine, prenatal  
46 vitamins, and Sudafed, now, therefore, be it

47  
48 RESOLVED, That the American Academy of Family Physicians advocate that emergency  
49 contraception, whether over-the-counter or by prescription, be a covered benefit under all  
50 Medicaid programs for all women of reproductive age.

51  
52 (Received 04/14/16)

1 **Fiscal Impact:** None

2  
3 **Background**

4 The AAFP has advocated on coverage of over-the-counter (OTC) contraception and  
5 insurance coverage. The AAFP sent a [letter](#) to the Centers for Medicare & Medicaid  
6 Services (CMS) asking them to review and revise the coverage of contraceptive options.  
7 The AAFP encouraged CMS to expand coverage of contraceptive options to all FDA-  
8 approved contraceptive options for men and women of reproductive age enrolled in  
9 Medicare and Medicaid. The AAFP also sent a [letter](#) to Senator Patty Murray in support of  
10 legislation on OTC access and insurance coverage regardless of prescription status.

11  
12 All Medicaid programs must cover family planning services; providers and pharmacies are  
13 not permitted to charge cost-sharing for benefits. Family planning is considered a  
14 “mandatory” benefit under Medicaid, but states have discretion in identifying the specifics of  
15 inclusion in the program. Sec. 1905(a)(4)(C) of the Social Security Act provides: family  
16 planning services and supplies furnished (directly or under arrangements with others) to  
17 individuals of child-bearing age (including minors who can be considered sexually active)  
18 who are eligible under the State plan and who desire such services and supplies.  
19 Contraception is one of the primary services of family planning and many states offer broad  
20 coverage. There are a number of state Medicaid programs that currently cover OTC and/or  
21 prescriptions for emergency contraception.

22  
23 **Current Policy**

24  
25 **[Over-the-Counter Oral Contraceptives](#)**

26  
27 **Prior Congress Action**

28  
29 **Resolution No. 503 from the 2011 COD (Not Adopted):**

30 RESOLVED, That the American Academy of Family Physicians (AAFP) urge the U.S.  
31 Congress and federal and state agencies to provide federal and state Medicaid  
32 coverage for all family planning drugs and supplies that are FDA-approved for sale  
33 over-the-counter, and not require a prescription for such coverage, and be it further

34  
35 RESOLVED, That the American Academy of Family Physicians (AAFP) urge health  
36 insurers and managed care organizations participating in Medicaid and the private  
37 insurance market to include in their insurance products coverage for all family planning  
38 drugs and supplies that are FDA-approved for sale over-the-counter, and not require a  
39 prescription for such coverage.

40 **Please see Page 258-262 in the [2011 Transactions](#) for details.**

41  
42 **Resolution No. 504 from the 2011 COD (Not Adopted):**

43 RESOLVED, That the American Academy of Family Physicians support congress and  
44 federal and state agencies to enact legislation and policies that to provide federal and  
45 state Medicaid coverage for all oral contraceptive pills that are FDA-approved for sale  
46 over-the-counter, and not to require a prescription for such coverage and be it further

1 RESOLVED, That the American Academy of Family Physicians (AAFP) urge health  
2 insurers and managed care organizations participating in Medicaid and the private  
3 insurance market to include in their insurance products coverage for all oral  
4 contraceptive pills that are FDA-approved for sale over-the-counter, and not to require  
5 a prescription for such coverage.

6 **Please see Pages 258-262 in the [2011 Transactions](#) for details.**

7  
8 **Substitute Resolution No. 503 from the 2011 COD (Substitute Adopted):**

9 RESOLVED, That the American Academy of Family Physicians (AAFP) support  
10 policies and legislation that would require public and private insurance plans to provide  
11 coverage for family planning drugs and supplies that are FDA approved, including  
12 those for sale over-the-counter.

13 **Please see Pages 258-262 from the [2011 Transactions](#) for details.**

14 **Please see Page 174 from the [2012 Transactions](#) for follow-up details.**

15  
16 **Resolution No. 501 from the 2012 COD (Not Adopted):**

17 RESOLVED, That the American Academy of Family Physicians (AAFP) advocate for  
18 emergency contraception to be available over-the-counter to all women of reproductive  
19 age.

20 **Please see Pages 375-380 in the [2012 Transactions](#) for details.**

21  
22 **Substitute Resolution No. 501 from the 2012 COD (Substitute Adopted):**

23 RESOLVED, That the American Academy of Family Physicians (AAFP) advocate for  
24 emergency contraception to be available without prescription to all women of  
25 reproductive age.

26 **Please see Pages 375-380 in the [2012 Transactions](#) for details.**

27 **Please see Page 163 in the [2013 Transactions](#) and**

28 **[http://www.aafp.org/dam/AAFP/documents/advocacy/prevention/women/LT-Sebelius-](http://www.aafp.org/dam/AAFP/documents/advocacy/prevention/women/LT-Sebelius-OTCAccessforPlanBOneStepEmergencyContraception-120712.pdf)**  
29 **[OTCAccessforPlanBOneStepEmergencyContraception-120712.pdf](http://www.aafp.org/dam/AAFP/documents/advocacy/prevention/women/LT-Sebelius-OTCAccessforPlanBOneStepEmergencyContraception-120712.pdf) for follow-up**  
30 **details.**

31  
32 **Substitute Resolution No. 515 from the 2003 COD (Substitute Adopted):**

33 RESOLVED, That the American Academy of Family Physicians (AAFP) support the  
34 current proposal submitted to the Food and Drug Administration (FDA) to make the  
35 progesterone-only emergency contraception available over the counter, and, be it  
36 further

37  
38 RESOLVED, That the AAFP recommend to the FDA appropriate labeling of  
39 progesterone-only emergency contraception that includes information on the  
40 mechanisms of action and that encourages patients to contact their primary care  
41 physician for support and/or counseling regarding use of the product, and, be it further

42  
43 RESOLVED, That the American Academy of Family Physicians encourage inclusion of  
44 information on safe sexual practices and contraception in all over-the-counter emergency  
45 contraception packages.

46 **Please see Pages 242-244 in the [2003 Transactions](#) for details.**

47 **Please see Page 138 in the [2004 Transactions](#) and for follow-up details.**



1 **Prior Board Action**

2 Approval of a recommendation from the Commission on Health of the Public and  
3 Science that the new statement "[Over-the-Counter Oral Contraceptives](#)" be approved as  
4 AAFP policy.  
5 B2014, July 30-August 1, pp. 10-11.

6  
7 Approval of a [letter](#) of support for the Affordability is Access Act (S. 1532).  
8 BC1:12015, July 15, p. 1.

9  
10 **References:**

- 11 1. Trussell J, Ellertson C, von Hertzen H, Bigrigg A, Webb A, Evans M, Ferden S. Leadbetter C.  
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20 [Contraception](http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Access-to-Emergency-Contraception).
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24 Contraception is a Safe, Effective Tool to Prevent Unintended Pregnancy. [Press Release].  
25 <http://www.acog.org/-/media/News%20Releases/20111207Release.ashx>.
- 26 6. Association of Reproductive Health Professionals. Position Statement on  
27 Contraception/Emergency Contraception. Approved by ARHP's Policy Committee June 2012,  
28 and approved by ARHP's Board of Directors June 30, 2012. [https://www.arhp.org/about-](https://www.arhp.org/about-us/position-statements#2)  
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- 35 8. <http://www.dhcs.ca.gov/services/Pages/ff.html>.

1 **RESOLUTION NO. 503 (New York A)**

2  
3 **Increase Access to Comprehensive Reproductive Health Care Services for Incarcerated**  
4 **Women**

5  
6 Introduced by the New York State Chapter

7  
8 Referred to the Reference Committee on Advocacy

9  
10  
11 WHEREAS, Reproductive health care offered in correctional settings is often lacking,  
12 inadequate, and/or inappropriate<sup>1</sup>, and

13  
14 WHEREAS, the number of women in prison or jails has tripled in the past decade<sup>2</sup>, with  
15 over one million women incarcerated, under parole, or on probation, and

16  
17 WHEREAS, women are the fastest growing incarcerated population<sup>3</sup>, and

18  
19 WHEREAS, the majority of incarcerated women are of reproductive age<sup>4</sup>, and

20  
21 WHEREAS, black women are incarcerated at nearly three times the rate of white women,  
22 and

23  
24 WHEREAS, Hispanic women are incarcerated at 1.6 times the rate of white women<sup>5</sup>,

25  
26 WHEREAS, these groups already have worse health and access to health care as  
27 compared to their white counterparts, and

28  
29 WHEREAS, approximately 5-6% of women entering correctional facilities are pregnant  
30 when they do so<sup>6,7</sup>, and

31  
32 WHEREAS, incarcerated women usually have had less and worse access to medical care  
33 in the community, and

34  
35 WHEREAS, incarceration can be an opportunity to provide comprehensive reproductive  
36 health to those who desire it<sup>8</sup>, and

37  
38 WHEREAS, contraception and other reproductive health care services are not being  
39 routinely provided, but it is possible to do so<sup>9</sup>, and

40  
41 WHEREAS, some women are open to receiving it during incarceration<sup>10</sup>, and

42  
43 WHEREAS, access to a proper prenatal diet, fresh air, exercise, sanitary conditions, and  
44 appropriate work assignments all impact a woman's ability to care for herself and her  
45 pregnancy<sup>11</sup>, and

46  
47 WHEREAS, incarcerated women are often given little, none, or inappropriate prenatal care  
48 and nutrition<sup>12</sup>, and

49  
50 WHEREAS, many women who are pregnant during the time of incarceration are shackled  
51 during transport, labor, and delivery, and

52

1 WHEREAS, only 18 states have specific laws against the practice of shackling<sup>13</sup>, and

2  
3 WHEREAS, the American College of Obstetricians and Gynecologists has stated that  
4 medical care for incarcerated women and adolescents should be no different from care for  
5 women and adolescent females who are not incarcerated, and

6  
7 WHEREAS, increased attention should be given to comorbidities<sup>14</sup> and increased risk of  
8 mental illness<sup>15</sup>, and

9  
10 WHEREAS, standards of care have been created by the National Commission on  
11 Correctional Health Care (NCCHC)<sup>16</sup> and the American Public Health Association  
12 (APHA)<sup>17</sup>, but there is no mandatory accreditation<sup>18</sup>, and no means to enforce use of these  
13 standards, and thus no regulation of care, and

14  
15 WHEREAS, the NCCHC recommends that all women entering facilities should be offered a  
16 screening for gynecological issues or infections, a pelvic examination and Pap smear,  
17 substance withdrawal management, contraception, and if pregnant, counseling on her full  
18 options to carry to term, elect adoption, or elect abortion, now, therefore, be it

19  
20 RESOLVED, That the American Academy of Family Physicians advocate that  
21 comprehensive and appropriate health care be provided to incarcerated women in federal  
22 detention facilities including but not limited to reproductive health.

23  
24 (Received 0730/16)

25  
26 **Fiscal Impact:** None

27  
28 **Background**

29 Incarcerated women often represent those who are from economically, educationally,  
30 socially, and emotionally disadvantaged environments; a disproportionate number have  
31 acute and chronic illnesses, substance abuse problems, and undetected health issues,  
32 including reproductive health needs.

33 [http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-  
34 Health-Care-for-Underserved-Women/Reproductive-Health-Care-for-Incarcerated-Women-  
35 and-Adolescent-Females](http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Reproductive-Health-Care-for-Incarcerated-Women-and-Adolescent-Females)

36  
37 In 2004, a Bureau of Justice Statistics [survey](#) found that 3% of women in federal prisons  
38 and 4% of those in state prisons were pregnant upon arrival. The statistics on pregnancy in  
39 local jails based on a 2002 [survey](#) found that 5% of women entered local jails were  
40 pregnant. At those rates, approximately 9,430 pregnant women are incarcerated annually.  
41 Also, the sexually transmitted infection rate for incarcerated women is an area of concern.  
42 For example, 27% of incarcerated women had chlamydia and 8% had gonorrhea,  
43 compared with rates of 0.46% and 0.13% in the general population. Mental health  
44 conditions and substance abuse issues often put women at risk for being incarcerated. A  
45 high percentage (85-90%) of inmates also indicate histories of exposure to violence and  
46 experienced sexual abuse.

47  
48 Recommendations for care include comprehensive screening and evaluation upon entry,  
49 access to pregnancy care, promotion of preventive care, supportive aging care, and mental  
50 health care access. Health care standards for jails, prisons, and juvenile facilities have been  
51 developed by the National Commission on Correctional Health Care, the American  
52 Correctional Association, and the American Public Health Association. The federal  
53 government does not require correctional health facilities to obtain accreditation, and there

1 is no organization to which all facilities are accountable. Several organizations accredit  
2 prisons, but their standards serve as voluntary guidelines.

3  
4 Health care varies based on whether an inmate is housed in a federal, state, or local facility.  
5 Financing of federal correctional facilities, including health care, depends on appropriations  
6 that compete with other priorities. A significant majority of inmates are housed in state  
7 facilities ([87%](#)) where both funding and standards may differ within each jurisdiction.  
8

9 In general, Medicaid funding cannot be used for care for adults and adolescents in secure  
10 confinement because the federal inmate exclusion policy. Also, individuals may not  
11 purchase coverage through the Marketplace while serving a term in prison or jail.

12 [http://kff.org/uninsured/issue-brief/health-coverage-and-care-for-the-adult-criminal-justice-  
13 involved-population/](http://kff.org/uninsured/issue-brief/health-coverage-and-care-for-the-adult-criminal-justice-involved-population/)  
14

15 According to a 2016 Department of Justice Inspector General's Report, the Federal Bureau  
16 of Prisons (BOP) relies on outside medical services to provide care for inmates that cannot  
17 be provided by institution staff. From fiscal years 2010 to 2014, BOP spending for outside  
18 medical services increased 24%, from \$263 million to \$327 million, while BOP's overall  
19 budget increased at less than half that rate, 11%, from \$6.2 billion to \$6.9 billion. The BOP  
20 is the only federal agency that pays for medical care that is not covered under a statute or  
21 regulation under which the government sets the agency's reimbursement rates, usually at  
22 the Medicare rate. The agency solicits and awards a comprehensive medical services  
23 contract for each BOP institution to obtain outside medical services.  
24

25 Several reports indicate that waste, fraud, and health care abuse are associated with  
26 private contracts, and that companies do not have the same level of accountability as  
27 governmental entities. In addition, prisoners may be charged co-pays for health care  
28 services, which may create health care barriers. Among inmates with chronic medical  
29 problems, a 2009 [study](#) revealed that many did not receive a medical exam while  
30 incarcerated, including 68% of local jail inmates, 20% of state prison inmates and 14% of  
31 federal prison inmates. A 1976 Supreme Court [case](#) (*Estelle v. Gamble*), established that  
32 not providing adequate medical care to prisoners was a violation of the Constitution's  
33 Eighth Amendment against cruel and unusual punishment. Still, courts have allowed  
34 prisons to attempt to recoup some of the costs of treating inmates by charging them for  
35 their care.  
36

37 According to the Bureau of Justice Statistics, the number of incarcerated women increased  
38 by more than 700%, rising from a total of 26,378 in 1980 to 215,332 in 2014. Federal  
39 Bureau of Prison's June 2016 [data indicates](#) that 13,009 female prisoners are housed  
40 within federal facilities, 6.7% of its prison population.  
41

42 The BOP policy provides female inmates with medical and social services related to  
43 pregnancy, birth control, child placement, and abortion. BOP also provides each inmate  
44 with a complete medical exam within 30 days of admission and adheres to ACOG's  
45 standards for yearly exams.  
46

47 Women housed in some facilities may have access to a community residential program  
48 called Mothers and Infants Nurturing Together (MINT) for women who are pregnant at the  
49 time of commitment. The MINT program is based in a residential reentry center and  
50 promotes bonding and enhanced parenting skills for low-risk female inmates who are  
51 pregnant. Inmates in this program participate in pre- and post-natal classes on such topics  
52 as childbirth, parenting, and coping skills. In addition to services specifically related to  
53 parenting, MINT sites also offer chemical dependency treatment, physical and sexual  
54 abuse counseling, budgeting classes, and vocational and educational programs.

1 In accordance with Federal law, the BOP may not use appropriated funds to require any  
2 person to perform or facilitate the performance of an abortion. BOP funds are used to pay  
3 for abortion services only when the life of the mother would be endangered if the fetus is  
4 carried to term or in the case of rape. In all other cases, non-BOP funds must be obtained  
5 to pay for an abortion.

6 [https://www.bop.gov/inmates/custody\\_and\\_care/female\\_offenders.jsp](https://www.bop.gov/inmates/custody_and_care/female_offenders.jsp)

### 7 8 Congressional Action

9 On August 4, 2015, the Senate Homeland Security and Governmental Affairs Committee  
10 hearing on "Oversight of the Bureau of Prisons: First-Hand Accounts of Challenges Facing  
11 the Federal Prison System" to examine conditions, including access to mental health care.

12 <http://www.hsgac.senate.gov/hearings/oversight-of-the-bureau-of-prisons-first-hand-accounts-of-challenges-facing-the-federal-prison-system>

13  
14  
15 Currently, members of Congress are considering several prison reform [proposals](#) to reduce  
16 populations, lower costs, and streamline sentencing guidelines. The major bills under  
17 consideration do not include new accountability standards for reproductive health care for  
18 incarcerated women. It is unclear if sentencing reform will be enacted by the current  
19 Congress.

20  
21 The AAFP has not been actively engaged in the criminal justice debate, but did write a  
22 [letter](#) to the Senate Committee on Health, Education, Labor, and Pensions regarding the  
23 Mental Health Reform Act of 2016 (S. 2680). The AAFP applauded the bill's emphasis on  
24 the mental health care needs of vulnerable populations, including the incarcerated. The  
25 committee approved S. 2680 on March 16, 2016. It has yet to come up for a vote within the  
26 full U.S. Senate.

### 27 28 Medicaid Financing, Prevention, and Recidivism

29 A 2014 [report](#) from the Sentencing Project indicates that *Affordable Care Act's* Medicaid  
30 expansion policy represents a tremendous opportunity to help disadvantaged women lower  
31 their [risk](#) of being incarcerated through the policies that access to mental health and  
32 substance use treatment. 69% of women admitted to local jails met the criteria for  
33 substance dependence or abuse (not including tobacco use); dependence was diagnosed  
34 more commonly among women than among men. Rates of mental health problems among  
35 women inmates ranged from 61% in federal prisons to 75% in local jails.

36  
37 Helping ex-offenders access social services and health care are also associated with  
38 reduced rates of recidivism, particularly among individuals with mental health and  
39 substance abuse disorders. For example, a 2013 [study](#) show that in Michigan, rates of  
40 recidivism fell following implementation of an initiative that linked newly released prisoners  
41 to a medical home in the community and helped them access needed medications and  
42 primary and specialty care, and assisted them in obtaining their medical records upon  
43 release.

### 44 45 **Current Policy**

46  
47 [Fairness in Federal Programs for All U.S. Citizens](#)

48  
49 [Reproductive Health Services](#)

50  
51 [Health Care](#)

52

1 [Women Health Care](#)

2  
3 **Prior Congress Actions**

4  
5 **Resolution No. 511 from the 2013 COD (Referred to the Board of Directors):**

6 RESOLVED, That the American of Family Physicians advocate for the continuation  
7 of Medicaid coverage for adolescents when they are incarcerated, thereby securing  
8 their health status and ability to access care, and be it further

9 RESOLVED, That the American of Family Physicians dialogue with the proper  
10 stakeholders in order to effect change within the federal Medicaid system to assist  
11 states to cover adolescents when they are incarcerated.

12 **Please see Pages 306-307 in the [2013 Transactions](#) for details.**

13 **Please see [Resolution No. 511](#) on the AAFP website for follow-up details.**

14  
15 **Prior Board Actions**

16 None

17  
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45 *American Journal of Public Health* 105, no. 11 (September 17, 2015): 2269–74,  
46 doi:10.2105/AJPH.2015.302765.
- 47 11. Ferszt and Clarke, "Health Care of Pregnant Women in U.S. State Prisons."
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51 [shackling\\_briefing\\_paper\\_stand\\_alone.pdf](#)
- 52 14. lack of prenatal care, poor nutrition, domestic violence, drug and alcohol use, higher STI rates,  
53 HIV, Hepatitis C, human papillomavirus, homelessness, and physical and/or sexual abuse
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7

1 **RESOLUTION NO. 504 (Oregon E)**

2  
3 **Medicare Drug Negotiation Powers**

4  
5 Introduced by the Oregon Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, Medicare Part D plans pay for some outpatient prescription drugs and are  
11 operated by private insurance companies with oversight by Medicare, and

12  
13 WHEREAS, Medicare Part D cost \$67.67 billion<sup>1</sup> in 2014, \$88 billion in 2016<sup>2</sup>, and is  
14 projected to double in cost between 2012 and 2022 in part due to an aging population and  
15 in part due to improving coverage<sup>3</sup>, and

16  
17 WHEREAS, Medicare Part D is currently prohibited from negotiating drug prices using the  
18 leverage of 39.1 million enrollee's<sup>4</sup>, and

19  
20 WHEREAS, the Veterans Benefits Administration (VBA) and Medicaid are allowed to  
21 negotiate drug prices and Medicare Part D pays on average 73% more than Medicaid and  
22 80% more than VBA for brand-name drugs<sup>5</sup>, and

23  
24 WHEREAS, 58% of Medicare Part D expenditures went to brand-name drugs in 2011<sup>6</sup>, and

25  
26 WHEREAS, Medicare Part D would save \$15.2 billion to \$16 billion a year if it could secure  
27 the same prices that Medicaid or VBA, respectively, receives on the same brand-name  
28 drugs<sup>7</sup>, and

29  
30 WHEREAS, a common argument against allowing price negotiation is the so-called  
31 "innovation crisis" in which profits become so low that innovation halts, and

32  
33 WHEREAS, the cost of new drug discovery is often cited at \$1.3 billion, however, after  
34 breaking down the accounting, the actual cost is around \$60 million<sup>8</sup>, and

35  
36 WHEREAS, pharmaceutical companies devote 1.3% of their revenues to discovering new  
37 medicines<sup>9</sup> while 25% is spent on marketing and promotion<sup>10</sup>, meaning they spend 19 times  
38 more money on marketing than research<sup>11</sup>, and

39  
40 WHEREAS, Minnesota Senator, Amy Klobuchar, has introduced a bill entitled "The  
41 Medicare Prescription Drug Price Negotiation Act" in 2013 and 2015<sup>12</sup> intending to allow  
42 Medicare Part D to begin negotiating drug prices, now, therefore, be it

43  
44 RESOLVED, That the American Academy of Family Physicians support allowing Medicare  
45 Part D to negotiate for drug prices.

46  
47 Received 06/23/16)

48  
49 **Fiscal Impact:** None



1 **Background**

2 The U.S. Congress added the Medicare Prescription Drug Benefit (“Medicare Part D”) to  
3 Medicare in 2003. Part D went into effect on January 1, 2006. Under the Part D benefit,  
4 Medicare beneficiaries may enroll in a prescription drug plan (PDP)—an insurance product  
5 that pays most of the cost of covered prescription drugs. Enrollment in Part D is voluntary,  
6 and involves out-of-pocket costs to the beneficiary: an annual premium, as well as  
7 coinsurance, depending on the type of drug and the price.

8  
9 As enacted, Part D contains a provision known as the “non-interference clause,” which  
10 provides: “In order to promote competition under [Part D], the Secretary (1) may not  
11 interfere with the negotiations between drug manufacturers and pharmacies and PDP  
12 sponsors; and (2) may not require a particular formulary or institute a price structure for the  
13 reimbursement of covered Part D drugs.”<sup>1</sup>

14  
15 Repeal of the non-interference clause has been a Democratic priority since enactment of  
16 the Medicare Part D benefit in 2003. Legislation introduced by U.S. Senator Amy Klobuchar  
17 (D-MN) would strike the non-interference clause and replace it with language that provides:  
18 “the Secretary shall negotiate with pharmaceutical manufacturers the prices (including  
19 discounts, rebates, and other price concessions) that may be charged to PDP sponsors and  
20 MA organizations for covered part D drugs for covered part D eligible individuals who are  
21 enrolled under a prescription drug plan or under an MA-PD plan.”

22  
23 The impact of this language on cost savings is a matter of some debate. The Congressional  
24 Budget Office (CBO) has stated that “although cost savings might be possible in selective  
25 instances, the impact on Medicare’s overall drug spending would likely be limited.”<sup>2</sup>  
26 However, removal of the non-interference clause remains—both symbolically and also in  
27 practice—a threat to the drug industry and one that it has fought mightily to prevent.  
28 Although the non-interference clause is also generally protected by Republican lawmakers,  
29 both of the 2016 major party’s presidential candidates support its repeal.

30  
31 Another related proposal that is embraced by the Obama Administration, Hillary Clinton,  
32 and many Democratic lawmakers is the *Medicare Drug Savings Act*, HR 2005, sponsored  
33 by Rep. Kathy Castor (D-FL) and S 1083, sponsored by Sen. Bill Nelson (D-FL). That bill  
34 would require the drug makers, as a condition of participation in Part D, to enter into rebate  
35 agreements under which the manufacturer would provide the Secretary rebates that  
36 resemble those in the Medicaid program (Congress did not adopt a Medicaid-like rebate  
37 provision during enactment of Part D in 2003). This bill is similarly strongly opposed by the  
38 pharmaceutical industry, but has been found to provide so called “scorable savings” by  
39 CBO. This provision is included in many budget blueprints, including several of President  
40 Obama’s budget proposals to Congress, and the 2010 final report of the National  
41 Commission on Fiscal Responsibility and Reform (also known as the Simpson-Bowles  
42 Commission).

43  
44 <sup>1</sup> See Social Security Act, Section 1860D-11(i).

45 <sup>2</sup> <https://www.cbo.gov/sites/default/files/110th-congress-2007-2008/reports/drugpricenegotiation.pdf>

46  
47 **Current Policy**

48  
49 **[Collective Negotiation](#)**

50  
51 **[Direct Contracting with Businesses by Family Physicians \(Discussion Paper\)](#)**

52  
53 **[Patient-Centered Formularies](#)**

1 **Prior Congress Action**

2  
3 **Resolution No. 313 from the 2015 COD (Substitute Adopted):**

4 RESOLVED, That the American Academy of Family Physicians advocate for with the  
5 Centers for Medicare and Medicaid Services to modify the Medicare Part D plans, so  
6 patients have adequate and affordable choices for their physicians to treat their  
7 chronic conditions, and be it further

8 RESOLVED, That the American Academy of Family Physicians advocate for the  
9 Centers for Medicare and Medicaid Services to have Medicare Part D plans cover a  
10 broader choice of medications with less paperwork and fewer hindrances that can  
11 delay the provision of timely, quality medical care.

12 **Please see Page 294-295 in the [2015 Transactions](#) for details.**

13 **Please see Substitute [Resolution No. 313](#) on the AAFP website for follow-up details.**

14  
15 **Prior Board Action**

16 Approval of a letter to CMS on the 2015 proposed Medicare Advantage (Part C) and  
17 Prescription Drug Plan (Part D).

18 BC1:12014, March 13, p. 4.

19  
20 Approval of a letter to CMS in response to the draft 2016 Part C and Part D call  
21 letter.

22 BC1:12015, March 11, p. 2.

23  
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36  
37

1 **RESOLUTION NO. 505 (Illinois A)**

2  
3 **Medicare Prescription Drug Price Savings**

4  
5 Introduced by the Illinois Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, The Medicare Modernization Act of 2003 prohibits Medicare from directly  
11 negotiating drug prices with manufacturers<sup>1</sup> and rescinded rebates for “dually eligible”  
12 (Medicare and Medicaid) patients<sup>2</sup>, and

13  
14 WHEREAS, Medicare Part D plans pay an average of 73% more than Medicaid and 80%  
15 more than the Veterans Health Administration (VHA) for brand name drugs<sup>1</sup>, and

16  
17 WHEREAS, true out-of-pocket medical costs are rising (including premiums, deductibles,  
18 and co-insurance), and

19  
20 WHEREAS, seniors spend an average of 37% of their social security check on medical  
21 care<sup>3</sup>, and

22  
23 WHEREAS, among Medicare Part D recipients, studies have shown significant rates of cost  
24 related drug non-adherence, resulting in increased morbidity and mortality<sup>4,5</sup>, and

25  
26 WHEREAS, the American Academy of Family Physicians has expressed concerns to the  
27 Centers for Medicare and Medicaid Services regarding increasing Medicare Part D drug  
28 prices, increasing co-payments and decreasing drug adherence, and the impact on value-  
29 based physician payments<sup>6</sup>, and

30  
31 WHEREAS, allowing Medicare to directly negotiate with drug manufacturers and restoring  
32 drug rebates for low income Medicare recipients could save Medicare nearly \$16 billion  
33 dollars annually<sup>1</sup>, and

34  
35 WHEREAS, prescription drugs in Canada are equivalently regulated and often cheaper,  
36 now, therefore, be it

37  
38 RESOLVED, That the American Academy of Family Physicians advocate for strengthening  
39 Medicare by supporting legislation that allows Medicare to negotiate drug prices, and be it  
40 further

41  
42 RESOLVED, That the American Academy of Family Physicians advocate for strengthening  
43 Medicare by supporting legislation that allows Medicare to manage formularies, and be it  
44 further

45  
46 RESOLVED, That the American Academy of Family Physicians advocate for strengthening  
47 Medicare by supporting legislation that allows Medicare to restore drug rebates for low  
48 income beneficiaries, and be it further

49

1 RESOLVED, That the American Academy of Family Physicians advocate for strengthening  
2 Medicare by supporting legislation that allows Medicare to allow drug importation/re-  
3 importation from Canada.

4  
5 (Received 08/01/16)

6  
7 **Fiscal Impact:** None

8  
9 **Background**

10 Congress added the Medicare Prescription Drug Benefit (“Medicare Part D”) to Medicare in  
11 2003. Part D went into effect on January 1, 2006. Under the Part D benefit, Medicare  
12 beneficiaries may enroll in a prescription drug plan (PDP)—an insurance product that pays  
13 most of the cost of covered prescription drugs. Enrollment in Part D is voluntary, and  
14 involves out-of-pocket costs to the beneficiary: an annual premium, as well as coinsurance,  
15 depending on the type of drug and the price.

16  
17 Negotiation of Drug Prices and Formularies

18 Part D as enacted in the *Social Security Act*, Section 1860D-11(i) is constrained by a  
19 provision known as the “non-interference clause,” which provides: “In order to promote  
20 competition under [Part D], the Secretary (1) may not interfere with the negotiations  
21 between drug manufacturers and pharmacies and PDP sponsors; and (2) may not require a  
22 particular formulary or institute a price structure for the reimbursement of covered Part D  
23 drugs.”

24  
25 Repeal of the non-interference clause has been a Democratic priority since enactment of  
26 the Medicare Part D benefit in 2003. Legislation introduced by U.S. Senator Amy Klobuchar  
27 (D-MN) would strike the non-interference clause and replace it with language that provides:  
28 “the Secretary shall negotiate with pharmaceutical manufacturers the prices (including  
29 discounts, rebates, and other price concessions) that may be charged to PDP sponsors and  
30 MA organizations for covered part D drugs for covered part D eligible individuals who are  
31 enrolled under a prescription drug plan or under an MA-PD plan.”

32  
33 The impact of this language on cost savings is a matter of some debate. The Congressional  
34 Budget Office (CBO) has [stated](#) that “although cost savings might be possible in selective  
35 instances, the impact on Medicare’s overall drug spending would likely be limited.”  
36 However, removal of the non-interference clause remains—both symbolically and also in  
37 practice—a threat to the drug industry and one that it has fought mightily to prevent.  
38 Although the non-interference clause is also generally protected by Republican lawmakers,  
39 both of the 2016 major party’s presidential candidates support its repeal.

40  
41 Rebates

42 Prior to 2006, beneficiaries who were enrolled in both Medicare and Medicaid (so-called  
43 “dual eligibles”) received their prescription drug coverage through Medicaid, which requires  
44 drug manufacturers to pay a substantial rebate on the sales of the drugs to the Medicaid  
45 beneficiary.

46  
47 The establishment of Part D shifted dual eligibles’ prescription drug coverage from Medicaid  
48 into Part D. (Duals were enrolled automatically in the low-income subsidy (LIS) program,  
49 which generally covers the premiums and other cost sharing borne by Part D beneficiaries).  
50 However, Congress did not import the rebate mechanism from Medicaid into Medicare Part  
51 D, allowing the drug makers to keep more taxpayer dollars under Medicare than they had  
52 under Medicaid.

1 A proposal to fix this that is embraced by the Obama Administration, Hillary Clinton, and  
2 many Democratic lawmakers is the *Medicare Drug Savings Act*, HR 2005, sponsored by  
3 Rep. Kathy Castor (D-FL) and S 1083, sponsored by Sen. Bill Nelson (D-FL). That bill  
4 would require the drug makers, as a condition of participation in Part D, to enter into rebate  
5 agreements under which the manufacturer would provide the Secretary rebates that  
6 resemble those in the Medicaid program (Congress did not adopt a Medicaid-like rebate  
7 provision during enactment of Part D in 2003). This bill is similarly strongly opposed by the  
8 pharmaceutical industry, but has been found to provide so called “scorable savings” by  
9 CBO. This provision is included in many budget blueprints, including several of President  
10 Obama’s budget proposals to Congress, and the 2010 final report of the National  
11 Commission on Fiscal Responsibility and Reform (also known as the Simpson-Bowles  
12 Commission).

13

#### 14 Importation

15 There is currently pending in both House and Senate a bipartisan bill that would allow  
16 Americans to import prescription drugs from Canada. The bill is the *Safe and Affordable*  
17 *Drugs from Canada Act*, sponsored by Sens. Amy Klobuchar (D-MN) and John McCain (R-  
18 AZ), and Reps. Chellie Pingree (D-ME) and Dana Rohrabacher (R-CA). According to a  
19 media release accompanying the introduction of the bill dated May 5, 2015: “Under the  
20 legislation, imported prescription drugs would have to be purchased from an approved  
21 Canadian pharmacy and dispensed by a licensed pharmacist. Drugs imported under this bill  
22 would be the same dosage, form, and potency as drugs in the U.S., but at a significant  
23 savings to U.S. consumers.” In addition, “the U.S. spent a total of more than \$271 billion on  
24 prescription drugs in 2013 alone, and we spend an average of almost \$1,000 per person  
25 per year on pharmaceuticals—roughly 40 percent more than the next highest country.”  
26 Specifically, the bill provides: “Notwithstanding any other provision of this Act, not later than  
27 180 days after the date of enactment of this section, the Secretary shall promulgate  
28 regulations permitting individuals to safely import into the United States a [covered]  
29 prescription drug.” CBO has [reported](#) that “permitting the importation of foreign-distributed  
30 prescription drugs would produce at most a modest reduction in prescription drug spending  
31 in the United States.”

32

#### 33 **Current Policy**

34

#### 35 [Collective Negotiation](#)

36

#### 37 [Direct Contracting with Businesses by Family Physicians \(Discussion Paper\)](#)

38

#### 39 [Patient-Centered Formularies](#)

40

#### 41 **Prior Congress Actions**

42

#### 43 **Substitute Resolution No. 313 from the 2015 COD (Adopted):**

44 RESOLVED, That the AAFP advocate for with the CMS to modify the Medicare Part D  
45 plans, so patients have adequate and affordable choices for their physicians to treat  
46 their chronic conditions, and be it further

47 RESOLVED, That the AAFP advocate for the Centers for Medicare and Medicaid  
48 Services to have Medicare Part D plans cover a broader choice of medications with  
49 less paperwork and fewer hindrances that can delay the provision of timely, quality  
50 medical care.

51 **Please see Pages 294-295 in the [2015 Transactions](#) for details.**

52 **Please see [Resolution No. 313](#) on the AAFP website for follow-up details.**

1 **Prior Board Actions**

2 Approval of a letter to CMS in support of their proposed rule that imposes the medical  
3 loss ratio requirement onto Medicare Advantage and Prescription Drug Plans, Parts C  
4 and D respectively.

5 BC1:12013, April 10, p. 2.

6  
7 Approval of a letter to CMS on the 2015 proposed Medicare Advantage (Part C) and  
8 Prescription Drug Plan (Part D).

9 BC1:12014, March 13, p. 4.

10  
11 Approval of a recommended letter to CMS advocating for patients to have a broader  
12 choice of adequate and affordable prescription drugs while reducing administrative  
13 burden for physicians.

14 BC1:12016 April 6, p. 2.

15  
16 Approval of a letter to CMS advocating to educate physicians about Medicare  
17 Advantage Plans and the cost-shifting that may affect patients in response to 2015  
18 COD Resolution No. 305, "Medicare Advantage Plans."

19 BC1:12016 April 20, p. 1.

20  
21 **References:**

22  
23 1. Gagnon MA, Wolfe S. Mirror, Mirror on the Wall: Medicare Part D pays needlessly high brand-  
24 name drug prices compared with other OECD countries and with U.S. government programs. Policy  
25 Brief from the Carleton University School of Public Policy and Administration and Public Citizen. Jul  
26 23, 2015.

27  
28 2. Sanders S, Veghte B. A Winning Strategy for Medicare Savings: Better Prices on Prescription  
29 Drugs. Policy Brief from the Medicare Rights Center and Social Security Works. Jul 2014.

30  
31 3. Strengthen Social Security... Don't Cut It. Position Paper from Strengthen Social Security  
32 Coalition. Jan 22, 2014.

33  
34 4. Yang Y, Thumula V, Pace PF, Bahanan BF, Wilkin NE, Lobb WB. Medication Nonadherence and  
35 the Risks of Hospitalization, Emergency Department Visits, and Death Among Medicare Part D  
36 Enrollees With Diabetes. *Drug Benefit Trends*. 2009; 21(12).

37  
38 5. Williams J, Steers WN, Ettner SL, Mangione CM, Duru OK. Cost-related nonadherence by  
39 medication type among Medicare Part D beneficiaries with diabetes. *Med Care*. 2013  
40 Feb;51(2):193-8.

41  
42 6. American Academy of Family Physicians. Letter to Andy Slavitt, Acting Administrator, Centers for  
43 Medicare and Medicaid Services. Nov 9, 2015.

1 **RESOLUTION NO. 506 (New York D)**

2  
3 **Medicare Drug Price Savings**

4  
5 Introduced by the New York State Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, The Medicare Modernization Act of 2003 prohibits Medicare from directly  
11 negotiating drug prices with manufacturers<sup>1</sup>, and rescinded rebates for “dually eligible”  
12 (Medicare and Medicaid) patients<sup>2</sup>, and

13  
14 WHEREAS, Medicare Part D plans pay an average of 73% more than Medicaid and 80%  
15 more than the Veterans Health Administration for brand name drugs<sup>1</sup>, and shift the costs  
16 onto their members<sup>2</sup>, and

17  
18 WHEREAS, out of pocket medical costs are rising (including premiums, deductibles, and  
19 co-insurance), and

20  
21 WHEREAS, seniors spend an average of 37% of their social security check on medical  
22 costs<sup>3</sup>; and

23  
24 WHEREAS, among Medicare Part D recipients, studies have shown significant rates of cost  
25 related medication non-adherence, resulting in increased morbidity and mortality<sup>4,5</sup>, and

26  
27 WHEREAS, the American Academy of Family Physicians has expressed concerns to the  
28 Centers for Medicare and Medicaid Services regarding increasing Medicare Part D drug  
29 prices, increasing co-payments and decreasing medication adherence, and the impact on  
30 value-based physician payments<sup>6</sup>, and

31  
32 WHEREAS, allowing Medicare to directly negotiate with drug manufacturers and restoring  
33 drug rebates for low income Medicare recipients could save Medicare nearly \$16 billion  
34 dollars annually, now, therefore, be it

35  
36 RESOLVED, That the American Academy of Family Physicians advocate for seniors and  
37 the disabled by supporting legislation that empowers Medicare to directly negotiate drug  
38 prices with manufacturers with the intent of producing lower drug prices for patients.

39  
40 (Received 07/30/16)

41  
42 **Fiscal Impact:** None

43  
44 **Background**

45 The U.S. Congress added the Medicare Prescription Drug Benefit (“Medicare Part D”) to  
46 Medicare in 2003. Part D went into effect on January 1, 2006. Under the Part D benefit,  
47 Medicare beneficiaries may enroll in a prescription drug plan (PDP)—an insurance product  
48 that pays most of the cost of covered prescription drugs. Enrollment in Part D is voluntary,  
49 and involves out-of-pocket costs to the beneficiary: an annual premium, as well as  
50 coinsurance, depending on the type of drug and the price.

1 As enacted, Part D contains a provision known as the “non-interference clause,” which  
2 provides: “In order to promote competition under [Part D], the Secretary (1) may not  
3 interfere with the negotiations between drug manufacturers and pharmacies and PDP  
4 sponsors; and (2) may not require a particular formulary or institute a price structure for the  
5 reimbursement of covered Part D drugs.”<sup>1</sup>

6  
7 Repeal of the non-interference clause has been a Democratic priority since enactment of  
8 the Medicare Part D benefit in 2003. Legislation introduced by U.S. Senator Amy Klobuchar  
9 (D-MN) would strike the non-interference clause and replace it with language that provides:  
10 “the Secretary shall negotiate with pharmaceutical manufacturers the prices (including  
11 discounts, rebates, and other price concessions) that may be charged to PDP sponsors and  
12 MA organizations for covered part D drugs for covered part D eligible individuals who are  
13 enrolled under a prescription drug plan or under an MA-PD plan.”

14  
15 The impact of this language on cost savings is a matter of some debate. The Congressional  
16 Budget Office (CBO) has stated that “although cost savings might be possible in selective  
17 instances, the impact on Medicare’s overall drug spending would likely be limited.”<sup>2</sup>  
18 However, removal of the non-interference clause remains—both symbolically and also in  
19 practice—a threat to the drug industry and one that it has fought mightily to prevent.  
20 Although the non-interference clause is also generally protected by Republican lawmakers,  
21 both of the 2016 major party’s presidential candidates support its repeal.

22  
23 Another related proposal that is embraced by the Obama Administration, Hillary Clinton,  
24 and many Democratic lawmakers is the *Medicare Drug Savings Act*, HR 2005, sponsored  
25 by Rep. Kathy Castor (D-FL) and S 1083, sponsored by Sen. Bill Nelson (D-FL). That bill  
26 would require the drug makers, as a condition of participation in Part D, to enter into rebate  
27 agreements under which the manufacturer would provide the Secretary rebates that  
28 resemble those in the Medicaid program (Congress did not adopt a Medicaid-like rebate  
29 provision during enactment of Part D in 2003). This bill is similarly strongly opposed by the  
30 pharmaceutical industry, but has been found to provide so called “scorable savings” by  
31 CBO. This provision is included in many budget blueprints, including several of President  
32 Obama’s budget proposals to Congress, and the 2010 final report of the National  
33 Commission on Fiscal Responsibility and Reform (also known as the Simpson-Bowles  
34 Commission).

35  
36 1 See Social Security Act, Section 1860D-11(i).

37 2. [https://www.cbo.gov/sites/default/files/110th-congress-2007-](https://www.cbo.gov/sites/default/files/110th-congress-2007-2008/reports/drugpricenegotiation.pdf)  
38 [2008/reports/drugpricenegotiation.pdf](https://www.cbo.gov/sites/default/files/110th-congress-2007-2008/reports/drugpricenegotiation.pdf)

## 39 40 **Current Policy**

### 41 [Collective Negotiation](#)

### 42 [Direct Contracting with Businesses by Family Physicians \(Discussion Paper\)](#)

### 43 [Patient-Centered Formularies](#)

44  
45  
46



1 **Prior Congress Action**

2  
3 **Resolution No. 313 from the 2015 COD (Substitute Adopted):**

4 RESOLVED, That the American Academy of Family Physicians advocate for with the  
5 Centers for Medicare and Medicaid Services to modify the Medicare Part D plans, so  
6 patients have adequate and affordable choices for their physicians to treat their  
7 chronic conditions, and be it further

8 RESOLVED, That the American Academy of Family Physicians advocate for the  
9 Centers for Medicare and Medicaid Services to have Medicare Part D plans cover a  
10 broader choice of medications with less paperwork and fewer hindrances that can  
11 delay the provision of timely, quality medical care.

12 **Please see Page 294-295 in the [2015 Transactions](#) for details.**

13 **Please see Substitute [Resolution No. 313](#) on the AAFP website for follow-up details.**

14  
15 **Prior Board Action**

16 Approval of a letter to CMS on the 2015 proposed Medicare Advantage (Part C) and  
17 Prescription Drug Plan (Part D).

18 BC1:12014, March 13, p. 4.

19  
20 Approval of a letter to CMS in response to the draft 2016 Part C and Part D call  
21 letter.

22 BC1:12015, March 11, p. 2.

23  
24 **References:**

- 25 1. Gagnon MA, Wolfe S. Mirror, Mirror on the Wall: Medicare Part D pays needlessly high  
26 brand-name drug prices compared with other OECD countries and with U.S. government  
27 programs. Policy Brief from the Carleton University School of Public Policy and  
28 Administration and Public Citizen. Jul 23, 2015.
  - 29 2. Sanders S, Veghte B. A Winning Strategy for Medicare Savings: Better Prices on  
30 Prescription Drugs. Policy Brief from the Medicare Rights Center and Social Security Works.  
31 Jul 2014.
  - 32 3. Strengthen Social Security... Don't Cut It. Position Paper from Strengthen Social Security  
33 Coalition. Jan 22, 2014.
  - 34 4. Yang Y, Thumula V, Pace PF, Bahanan BF, Wilkin NE, Lobb WB. Medication  
35 Nonadherence and the Risks of Hospitalization, Emergency Department Visits, and Death  
36 Among Medicare Part D Enrollees With Diabetes. Drug Benefit Trends. 2009; 21(12).
  - 37 5. Williams J, Steers WN, Ettner SL, Mangione CM, Duru OK. Cost-related nonadherence by  
38 medication type among Medicare Part D beneficiaries with diabetes. Med Care. 2013  
39 Feb;51(2):193-8.
  - 40 6. American Academy of Family Physicians. Letter to Andy Slavitt, Acting Administrator,  
41 Centers for Medicare and Medicaid Services. Nov 9, 2015.
- 42

1 **RESOLUTION NO. 507 (Co-Sponsored J)**

2  
3 **Remove the Fifth Vital Sign (The Pain Score)**

4  
5 Introduced by the Georgia and Massachusetts Chapters

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, According to the Centers for Disease Control and Prevention, opioid  
11 prescriptions have quadrupled, and

12  
13 WHEREAS, over 165,000 people have died from prescription opioids since 1999, and

14  
15 WHEREAS, the U.S. Food and Drug Administration now is recommending mandatory  
16 training for physicians who prescribe opioids, and

17  
18 WHEREAS, the push by the Federation of State Medical Boards encouraged physicians to  
19 treat the fifth vital sign, the pain score, by prescribing more narcotics, and

20  
21 WHEREAS, physicians who have resisted prescribing more narcotics have seen patient  
22 satisfaction scores drop, and

23  
24 WHEREAS, the annual number of deaths attributed to prescription pain killers is over  
25 14,000 per year, now, therefore, be it

26  
27 RESOLVED, That the American Academy of Family Physicians work to bring to the  
28 attention of the legislature, the Centers for Disease Control and Prevention, the U.S. Food  
29 and Drug Administration, the America's Health Insurance Plans, accrediting organizations  
30 (e.g., National Committee on Quality Assurance, The Joint Commission, Utilization Review  
31 Accreditation Commission) as well as the Federation of State Medical Boards, the need to  
32 do away with the "fifth vital sign" (the pain score) as a determination of patient care.

33  
34 (Received 6/30/16)

35  
36 **Fiscal Impact:** None

37  
38 **Background**

39 In 1999 in an effort to improve pain management, the Veterans Health Administration  
40 launched the "Pain as the 5th Vital Sign" initiative, requiring a pain intensity rating (0 to 10)  
41 at all clinical encounters. However, the Journal of General Internal Medicine in June 2006  
42 published a study which concluded that measuring pain did not increase the quality of pain  
43 management. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1924634/>

44  
45 On July 6, 2016, U.S. Health and Human Services (HHS) Secretary Sylvia Burwell  
46 announced several initiatives to combat the nation's opioid epidemic including the  
47 elimination of any incentive as part of patient experience surveys for physicians to prescribe  
48 opioids. [http://www.hhs.gov/about/news/2016/07/06/hhs-announces-new-actions-combat-](http://www.hhs.gov/about/news/2016/07/06/hhs-announces-new-actions-combat-opioid-epidemic.html)  
49 [opioid-epidemic.html](http://www.hhs.gov/about/news/2016/07/06/hhs-announces-new-actions-combat-opioid-epidemic.html)

1 The Hospital Consumer Assessment of Healthcare Providers and Systems or HCAHPS  
2 survey is a means to assess patient satisfaction and helps hospitals and individual  
3 providers measure how patients perceived the quality of their healthcare. Many clinicians  
4 report feeling pressure to overprescribe opioids because scores on the HCAHPS survey  
5 pain management questions are tied to Medicare payments to hospitals. But those  
6 payments currently have a very limited connection to the pain management questions on  
7 the HCAHPS survey. In order to mitigate even the perception that there is financial  
8 pressure to overprescribe opioids, the Centers for Medicare and Medicaid Services (CMS)  
9 is proposing to remove the HCAHPS survey pain management questions from the hospital  
10 payment scoring calculation. This means that hospitals would continue to use the questions  
11 to survey patients about their in-patient pain management experience, but these questions  
12 would not affect the level of payment hospitals receive.  
13 [http://patientengagementhit.com/news/hhs-proposes-patient-satisfaction-changes-for-pain-  
15 management](http://patientengagementhit.com/news/hhs-proposes-patient-satisfaction-changes-for-pain-<br/>14 management)

## 16 **Current Policy**

### 17 **[Pain Management and Opioid Abuse: A Public Health Concern](#)**

## 18 **Prior Congress Actions**

### 19 **Resolution No. 605 from the 2013 COD (Adopted):**

20 RESOLVED, That the American Academy of Family Physicians oppose legislation  
21 or executive action that would require mandatory education of family physicians as a  
22 condition for prescribing specific drugs, diagnosing specific diseases, or treating  
23 specific patient populations, behaviors or illnesses above and beyond that  
24 mandated by physician specialty boards.  
25

26 **Please see Pages 361-362 in the [2013 Transactions](#) for details.**

27 **Please see [Resolution No. 605](#) on the AAFP website for follow-up details.**

## 28 **Prior Board Actions**

29 Approval of a recommendation from the Commission on Continuing Professional  
30 Development that the AAFP increase involvement in activities addressing Risk  
31 Evaluation and Mitigation Strategies (REMS) requirements, potential concerns of  
32 mandatory continuing medical education (CME), and the public health problem of  
33 pain management.  
34

35 B2012, May 1-3, p. 6.

36 The Board engaged in a discussion regarding the Academy's position against  
37 mandatory CME for opioid prescribing. The discussion included information on the  
38 Academy's involvement with the President's Initiative on Prescription Drug Abuse  
39 and Heroin Use, the specific CME requirements by state medical boards, the 2012  
40 Board-approved Position Paper on Pain Management and Opioid Abuse; and a  
41 report to the Board in February 2015 on Academy activities in this area. The Board  
42 agreed to maintain the current policy against mandatory CME and instead focus on  
43 improving our message to governmental agencies about our many efforts to inform  
44 and educate our members in this area.  
45

46 B2015, December 10-11, p. 4.  
47  
48  
49

1 **RESOLUTION NO. 508 (Washington C)**

2  
3 **Transgender Use of Public Facilities**

4  
5 Introduced by the Washington Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, Transgender people experience worse health compared with cisgender people  
11 due to avoidance of care, stress from discrimination and alienation<sup>1</sup>, and higher rates of  
12 sexual and physical violence<sup>2</sup>, and

13  
14 WHEREAS, gender dysphoria intensifies over time and, when inadequately treated, can  
15 lead to clinically significant psychological distress, dysfunction, debilitating depression, self-  
16 surgery, and suicidality<sup>3</sup>, and

17  
18 WHEREAS, in order to adequately treat gender dysphoria<sup>3,4</sup>, transgender women must live  
19 fully as females and transgender men must live fully as males in society, and

20  
21 WHEREAS, all people share the real human need for access to safe restroom facilities<sup>1</sup>,  
22 and

23  
24 WHEREAS, being required to use a public facility that does not correspond with gender  
25 identity is a health issue that negatively affects transgender people by increasing their risk  
26 of experiencing sexual, verbal and physical harassment and violence, and

27  
28 WHEREAS, inability to access restroom facilities and avoidance of restroom use is a health  
29 issue that has been shown to lead to health problems including dehydration, kidney  
30 infections and urinary tract infections<sup>1</sup>, and

31  
32 WHEREAS, nine bills have been introduced in various states across the United States in  
33 January 2016 dictating the use of public facilities, such as restrooms and locker rooms, and

34  
35 WHEREASE, these bills require people to use public facilities that correspond with their  
36 biological sex identified at birth and/or chromosomes instead of their gender identity<sup>5</sup>, and

37  
38 WHEREAS, proposed legislation effectively makes it illegal for transgender people to live  
39 as the gender with which they identify, which, as described above, has significant health  
40 implications and furthermore sends the message to transgender people that they are  
41 unwanted, misunderstood, and unprotected, and

42  
43 WHEREAS, current federal nondiscrimination laws covering public facilities cover only race,  
44 color, religion, national origin and disability, and does not prohibit discrimination based on  
45 sex, gender identity or sexual orientation in public facilities<sup>6</sup>, now, therefore, be it

46  
47 RESOLVED, That the American Academy of Family Physicians endorse existing state and  
48 federal laws that protect people from discrimination based on gender expression and  
49 identify, and oppose laws that compromise the safety and health of transgender people by  
50 failing to provide this protection, and be it further

51

1 RESOLVED, That the American Academy of Family Physicians actively support the ability  
2 of transgender people to use the public facilities of the gender with which they identify and  
3 actively oppose any legislation which would infringe upon that ability.  
4

5 (Received 7/22/16)  
6

7 **Fiscal Impact:** None  
8

9 **Background:**

10 The AAFP has long-standing policy opposing all discrimination in any form. In addition, the  
11 AAFP has recommended curriculum guidelines for family medicine residents published in  
12 AAFP Reprint No. 289D, "Lesbian, Gay, Bisexual, Transgender Health," at  
13 [http://www.aafp.org/dam/AAFP/documents/medical\\_education\\_residency/program\\_director\\_s/Reprint289D\\_LGBT.pdf](http://www.aafp.org/dam/AAFP/documents/medical_education_residency/program_director_s/Reprint289D_LGBT.pdf). Additional Transgender Health Resources are available at  
14 <http://www.aafp.org/about/constituencies/resources/glb/ transgender.html>.  
15  
16

17 On May 13, 2016, the U.S. Departments of Education and Justice released joint guidance  
18 to help provide educators the information they need to ensure that all students, including  
19 transgender students, can attend school in an environment free from discrimination based  
20 on sex. The press release with links to additional resources is on  
21 <http://www.ed.gov/news/press-releases/us-departments-education-and-justice-release-joint-guidance-help-schools-ensure-civil-rights-transgender-students>.  
22  
23

24 The U.S. Supreme Court is expected to consider the issue of transgender bathrooms in its  
25 coming term. On August 3, 2016, the Supreme Court issued an order in a case involving a  
26 transgender teen, Gavin Grimm, who sued the school board in Gloucester County, VA over  
27 a policy requiring students to use bathrooms corresponding with their "biological sex."  
28 Grimm's lawsuit alleging civil rights violations was initially dismissed, but in April the U.S.  
29 Court of Appeals for the 4th Circuit sided with Grimm, saying his case could move forward.  
30

31 The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA)  
32 published a "Guide to Restroom Access for Transgender Workers" which can be found  
33 here: <https://www.osha.gov/Publications/OSHA3795.pdf>.  
34

35 The U.S. Equal Employment Opportunity Commission produced a fact sheet on "Bathroom  
36 Access Rights for Transgender Employees Under Title VII of the Civil Rights Act of 1964"  
37 <https://www.eeoc.gov/eeoc/publications/fs-bathroom-access-transgender.cfm>  
38

39 **Current Policy:**

40  
41 **Patient Discrimination**  
42

43 **Prior Congress Action:**

44 None  
45

46 **Prior Board Action:**

47 None  
48

49 **References:**  
50

51 1. Herman, J., The Williams Institute, UCLA School of Law. (2013, June). Gendered  
52 Restrooms and Minority Stress: The Public Regulation of Gender and Its Impact on  
53 Transgender People's Lives. *Journal of Public Management & Social Policy*. Available at

- 1 [http://williamsinstitute.law.ucla.edu/wp-content/uploads/Herman-Gendered-Restrooms-and-](http://williamsinstitute.law.ucla.edu/wp-content/uploads/Herman-Gendered-Restrooms-and-Minority-Stress-June-2013.pdf)
- 2 [Minority-Stress-June-2013.pdf](http://williamsinstitute.law.ucla.edu/wp-content/uploads/Herman-Gendered-Restrooms-and-Minority-Stress-June-2013.pdf)
- 3 2. Grant, J.M, et al. (2011). Injustice at Every Turn: A Report of the National Transgender
- 4 Discrimination Survey. Washington: National Center for Transgender Equality and National
- 5 Gay and Lesbian Task Force, Retrieved from
- 6 [http://www.thetaskforce.org/static\\_html/downloads/reports/reports/ntds\\_full.pdf](http://www.thetaskforce.org/static_html/downloads/reports/reports/ntds_full.pdf).
- 7 3. *Manning v. Carter, et al.* 1:14-cv-01609-CKK(D.D.C. 2015)
- 8 4. Tobin, H.J. & Jennifer Levi. (2013). Securing Equal Access to Sex-Segregated Facilities
- 9 for Transgender Students. *Wis. JL Gender, & Soc'y*, 28:301.
- 10 5. *LGBT Nondiscrimination and Anti-LGBT Bills Across the Country*. American Civil
- 11 Liberties Union. Accessed January 25, 2016, [https://www.aclu.org/lgbt-nondiscrimination-](https://www.aclu.org/lgbt-nondiscrimination-and-anti-lgbt-bills-across-country)
- 12 [and-anti-lgbt-bills-across-country](https://www.aclu.org/lgbt-nondiscrimination-and-anti-lgbt-bills-across-country).
- 13 6. *Public Accommodations*, National Center for Transgender Equality, Retrieved from
- 14 <http://www.transequality.org/know-your-rights/public-accommodations>
- 15

1 **RESOLUTION NO. 509 (New York F)**

2  
3 **Oppose Discrimination Against Transgender People**

4  
5 Introduced by the New York State Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, Transgender people experience worse health, compared with cisgender  
11 people due to avoidance of care<sup>1</sup>, stress from discrimination and alienation<sup>2</sup>, and higher  
12 rates of sexual and physical violence<sup>3</sup>, and

13  
14 WHEREAS, “gender dysphoria intensifies over time and, when inadequately treated, can  
15 lead to clinically significant psychological distress, dysfunction, debilitating depression, self-  
16 surgery, and suicidality<sup>4</sup>,” and

17  
18 WHEREAS, in order to complete the appropriate course of care for gender dysphoria<sup>5,6</sup> and  
19 meet the eligibility criteria to receive hormonal and/or surgical care,<sup>7,8</sup> transgender women  
20 must live fully as females and transgender men must live fully as males in society, and

21  
22 WHEREAS, nine bills have been introduced in various states across the U.S. in January  
23 2016 dictating the use of public facilities, such as restrooms and locker rooms, and

24  
25 WHEREAS, these bills require people to use public facilities that correspond with their  
26 biological sex identified at birth and/or chromosomes, instead of their gender identity<sup>9</sup>, and

27  
28 WHEREAS, “all people share the real human need for safe restroom facilities when we go  
29 to work, school, and participate in public life<sup>10</sup>,” and

30  
31 WHEREAS, being required to use a public facility that does not correspond with gender  
32 identity is a health issue that negatively affects transgender people, increasing the risk of  
33 sexual, verbal, and physical harassment and violence, and

34  
35 WHEREAS, inability to access restroom facilities and avoidance of restroom use is a health  
36 issue, and has been shown to lead to problems including dehydration, kidney infections and  
37 urinary tract infections<sup>11</sup>, and

38  
39 WHEREAS, restroom restriction legislation effectively makes it illegal for transgender  
40 people to live as the gender with which they identify, which has significant health  
41 implications, and

42  
43 WHEREAS, sends the message to transgender people that they are unwanted,  
44 unprotected, and to be feared, and

45  
46 WHEREAS, the American Academy of Family Physician has policy opposing “all  
47 discrimination in any form, including but not limited to, that on the basis of actual or  
48 perceived race, color, religion, gender, sexual orientation, gender identity, ethnic affiliation,  
49 health, age, disability, economic status, body habitus, or national origin”<sup>12</sup>, but is not explicit  
50 on this public restroom issue, now, therefore, be it

51

1 RESOLVED, That the American Academy of Family Physicians endorse existing anti-  
2 discrimination laws protecting people from discrimination based on gender expression and  
3 identity, and be it further  
4

5 RESOLVED, That the American Academy of Family Physicians oppose restroom restrictive  
6 laws that compromise the safety and health of transgender people, and be it further  
7

8 RESOLVED, That the American Academy of Family Physicians supports adding gender  
9 expression and gender identity to the protected categories within federal anti-discrimination  
10 laws<sup>13</sup>, and be it further  
11

12 RESOLVED, That the American Academy of Family Physicians oppose laws that  
13 compromise the safety and health of transgender people.  
14

15 (Received 07/30/16)  
16

17 **Fiscal Impact:** None  
18

### 19 **Background**

20 The AAFP has long-standing policy opposing all discrimination in any form. In addition, the  
21 AAFP has recommended curriculum guidelines for family medicine residents published in  
22 AAFP Reprint No. 289D, “Lesbian, Gay, Bisexual, Transgender Health,” which can be  
23 found at  
24 [http://www.aafp.org/dam/AAFP/documents/medical\\_education\\_residency/program\\_director](http://www.aafp.org/dam/AAFP/documents/medical_education_residency/program_director_s/Reprint289D_LGBT.pdf)  
25 [s/Reprint289D\\_LGBT.pdf](http://www.aafp.org/dam/AAFP/documents/medical_education_residency/program_director_s/Reprint289D_LGBT.pdf). Additional Transgender Health Resources are available at  
26 <http://www.aafp.org/about/constituencies/resources/glbtransgender.html>.  
27

28 On May 13, 2016, the U.S. Departments of Education and Justice released joint guidance  
29 to help provide educators the information they need to ensure that all students, including  
30 transgender students, can attend school in an environment free from discrimination based  
31 on sex. The press release with links to additional resources is on  
32 [http://www.ed.gov/news/press-releases/us-departments-education-and-justice-release-joint-](http://www.ed.gov/news/press-releases/us-departments-education-and-justice-release-joint-guidance-help-schools-ensure-civil-rights-transgender-students)  
33 [guidance-help-schools-ensure-civil-rights-transgender-students](http://www.ed.gov/news/press-releases/us-departments-education-and-justice-release-joint-guidance-help-schools-ensure-civil-rights-transgender-students).  
34

35 The U.S. Supreme Court is expected to consider the issue of transgender bathrooms in its  
36 coming term. On August 3, 2016, the Supreme Court issued an order in a case involving a  
37 transgender teen, Gavin Grimm, who sued the school board in Gloucester County, VA over  
38 a policy requiring students to use bathrooms corresponding with their “biological sex.”  
39 Grimm’s lawsuit alleging civil rights violations was initially dismissed, but in April the U.S.  
40 Court of Appeals for the 4th Circuit sided with Grimm, saying his case could move forward.  
41

42 The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA)  
43 published a “Guide to Restroom Access for Transgender Workers” which can be found  
44 here: <https://www.osha.gov/Publications/OSHA3795.pdf>.  
45

46 The U.S. Equal Employment Opportunity Commission produced a fact sheet on “Bathroom  
47 Access Rights for Transgender Employees Under Title VII of the Civil Rights Act of 1964”  
48 <https://www.eeoc.gov/eeoc/publications/fs-bathroom-access-transgender.cfm>  
49

### 50 **Current Policy**

#### 51 [Patient Discrimination](#) 52 53



1 **Prior Congress Action**

2 None

3  
4 **Prior Board Action**

5 None

6  
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31 11. Herman, "Gendered Restrooms and Minority Stress: The Public Regulation of Gender and  
32 Its Impact on Transgender People's Lives."  
33 12. "Discrimination, Patient," 2015, [http://www.aafp.org/about/policies/all/patient-](http://www.aafp.org/about/policies/all/patient-discrimination.html)  
34 [discrimination.html](http://www.aafp.org/about/policies/all/patient-discrimination.html).  
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37 [rights/transgender-rights](http://www.nyclu.org/issues/lgbt-rights/transgender-rights).  
38

1 **RESOLUTION NO. 510 (Illinois C)**

2  
3 **Study of a National Publicly-Financed, Privately-Delivered Health Care System**

4  
5 Introduced by the Illinois Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, The American Academy of Family Physicians strategic objectives include the  
11 advancement of health care for all, and

12  
13 WHEREAS, the current health care financing system has inherent barriers that can make  
14 patient care unaffordable, inequitable, and fragmented, and

15  
16 WHEREAS, with the growing complexity of insurance coverage, providers are increasingly  
17 spending resources on insurance companies' varying billing and documentation  
18 requirements, which wastes time and money and contributes to burnout, and

19  
20 WHEREAS, under a national publicly-financed, privately-delivered (single payer) health  
21 care system, all Americans would be fully insured for all medically necessary services,  
22 regardless of age, income, employment status, or state of residence, and

23  
24 WHEREAS, under a single payer system, the percentage of uninsured Americans would be  
25 0%, compared with the current number of 10% (approximately 33 million Americans), and

26  
27 WHEREAS, under a single payer system, the elimination of administrative waste generated  
28 by hospitals and providers doing business with multiple payers, and the elimination of  
29 private insurance companies with their high overhead costs, can save taxpayers nearly  
30 \$400 billion dollars a year, and

31  
32 WHEREAS, under a single payer system, small and independent physician practices would  
33 be free from the hassles of dealing with multiple payers, would not need to rely on  
34 collections of copayments and deductibles from patients, and would not need to worry  
35 about reduced leverage leading to lower contracted reimbursement rates from insurers, and

36  
37 WHEREAS, under a single payer system, costs related to physician malpractice (including  
38 insurance premiums and damages) may decrease, due to existent coverage for all current  
39 and future medical costs related to claims, and improved continuity of patient care, and

40  
41 WHEREAS, under a single payer system, administrative officials can be held accountable  
42 to the public for their actions, whereas in private health insurance, they cannot be, now,  
43 therefore, be it

44  
45 RESOLVED, That the American Academy of Family Physicians consider commissioning a  
46 study of the effects of a national publicly-financed, privately-delivered health care system  
47 for all Americans, and its potential effects on individual health care access, public health,  
48 health care spending, the family physician workforce, and physician burnout.

49  
50 (Received 08/01/16)

51

1 **Fiscal Impact:** While there is little cost associated with considering whether to commission  
2 a study, actually commissioning a study would have a fiscal impact determined by its  
3 scope.  
4

## 5 **Background**

6 The resolution asks the AAFP to consider commissioning a study on a single payer  
7 financing system. A single payer health care financing system is one in which the  
8 government alone, rather than the government and private insurers, covers all the health  
9 care costs for its population. In nations that utilize a single payer system; such as Australia,  
10 Britain, or Canada; the government could directly employ health professionals, contract for  
11 services from private organizations, or utilize a mix of private and public providers.  
12

13 The single payer system has been considered in the years preceding and following the  
14 enactment of the *Affordable Care Act* (ACA). However, none of those proposals have  
15 received the bipartisan support necessary to progress. Furthermore, no presidential  
16 nominee from either major party has made a single payer system a policy priority.  
17

18 In the 114<sup>th</sup> Congress, the *Expanded & Improved Medicare For All Act* ([HR 676](#)) was  
19 introduced by Rep. John Conyers, Jr. (D-MI) to establish Medicare for All to provide all  
20 individuals residing in the United States and U.S. territories with free health care that  
21 includes all medically necessary care, such as primary care and prevention, dietary and  
22 nutritional therapies, prescription drugs, emergency care, long-term care, mental health  
23 services, dental services, and vision care. In addition, the *American Health Security Act*  
24 ([HR 1200](#)) was introduced by Rep. Jim McDermott (D-WA) who will be retiring at the end of  
25 the year. Currently, neither bill has progressed beyond the introduction stage.  
26

27 In the states, there have been a number of legislative proposals on a single payer. A  
28 number of states including Illinois, Maine, Massachusetts, Missouri, New Hampshire, New  
29 York, Ohio, Rhode Island, South Carolina, and Vermont had universal health care  
30 proposals introduced in their legislatures this year. Colorado will vote on universal health  
31 care this November as it is a ballot initiative. Vermont came the close to enacting single  
32 payer dropped its plan in December of 2014 which was the subject of a *New England*  
33 *Journal of Medicine* perspective  
34 <http://www.nejm.org/doi/full/10.1056/NEJMp1501050#t=article>.  
35

36 In the past, resolutions for the AAFP support of a single payer system have been offered in  
37 the Congress of Delegates. The Board of Directors' position and rationale state that this is  
38 an issue that has been debated repeatedly; and the issue is affordable health care for all,  
39 not eliminating the competitive marketplace of payers. The AAFP policy on Health Care  
40 Delivery Systems states, "The AAFP supports universal access to basic health care  
41 services for all people. The AAFP believes this goal can be attained with a pluralistic  
42 approach to the financing, organization, and delivery of health care. A pluralistic health care  
43 delivery approach naturally involves competition based on quality, cost, and service."  
44

## 45 **Current Policy**

46  
47 [Health Care for All: A Framework for Moving to a Primary Care-Based Health Care](#)  
48 [System in the United States](#)  
49

50 [Health Care Delivery Systems](#)

1 **Prior Congress Actions**

2  
3 **Resolution No. 508 from the 2011 COD (Not Adopted):**

4 RESOLVED, That the American Academy of Family Physicians (AAFP) endorse a  
5 single payer health insurance plan as a viable solution to the health care access crisis,  
6 and be it further

7 RESOLVED, That the American Academy of Family Physicians (AAFP) urge the  
8 United States Congress to enact the United States National Health Insurance Act (H.R.  
9 676), and be it further

10 RESOLVED, That the American Academy of Family Physicians (AAFP) make available  
11 resource materials that constituent chapters and physician members may use to  
12 discuss with other physicians and our patients about various systems of health care  
13 management including a single payer health insurance plan.

14 **Please see Pages 272-275 in the [2011 Transactions](#) for details.**

15  
16 **Substitute Resolution No. 508 from the 2011 COD (Adopted):**

17 RESOLVED, That the American Academy of Family Physicians (AAFP) make available  
18 to constituent chapters and physician members educational resource materials about  
19 various health care systems including single payer health care plans.

20 **Please see Pages 272-275 in the [2011 Transactions](#) for details.**

21 **Please see Page 176 in the [2012 Transactions](#) for follow-up details.**

22  
23 **Resolution No. 507 from the 2014 COD (Reaffirmed as Current Policy):**

24 RESOLVED, That the American Academy of Family Physicians actively participate in  
25 national deliberations and discussions pertaining to single payer financing systems for  
26 health care reform.

27 **Please see Page 367 in the [2014 Transactions](#) for details.**

28  
29 **Prior Board Actions**

30 Approval of referring an amended recommendation back to the Commission on  
31 Governmental Advocacy for further work that the AAFP add a list of resources to its  
32 web pages that describe ~~alternative~~ health plans, including single payer plans.  
33 B2012, May 1-3, p. 15.

34  
35 Approval of a recommendation from the Commission on Governmental Advocacy  
36 that the AAFP add a list of resources to its webpages that describe alternative  
37 health plans, including single payer plans.  
38 B2012, July 18-21, p. 20.

39

1 **RESOLUTION NO. 511 (New York B)**

2  
3 **Physician Protection under Single Payer**

4  
5 Introduced by the New York State Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, The membership of the American Academy of Family Physicians (AAFP) is  
11 comprised of both employed physicians and physicians in private practice, and

12  
13 WHEREAS, physicians in private practice are further divided into those in solo practice,  
14 small groups, and large groups, and

15  
16 WHEREAS, the AAFP must recognize the profound differences in the nature of the varied  
17 practice situations in order to serve the needs of all its members, and

18  
19 WHEREAS, the AAFP favors single payer in order to guarantee access of patients to health  
20 care with administrative simplicity and simultaneously needs to protect the varied interests  
21 of its membership, now, therefore, be it

22  
23 RESOLVED, That American Academy of Family Physicians only support single payer  
24 models that include protections for practicing physicians from unilateral decisions by the  
25 payer.

26  
27 (Received 07/30/16)

28  
29 **Fiscal Impact:** None

30  
31 **Background**

32 The resolution asks the AAFP only support single payer models that include protections for  
33 practicing physicians from unilateral decisions by the payer. A single payer health care  
34 financing system is one in which the government alone, rather than the government and  
35 private insurers, covers all the health care costs for its population. In nations that utilize a  
36 single payer system; such as Australia, Britain, or Canada; the government could directly  
37 employ health professionals, contract for services from private organizations, or utilize a  
38 mix of private and public providers.

39  
40 The single payer system has been considered in the years preceding and following the  
41 enactment of the *Affordable Care Act* (ACA). However, none of those proposals have  
42 received the bipartisan support necessary to progress. Furthermore, no presidential  
43 nominee from either major party has made a single payer system a policy priority.

44  
45 In the 114<sup>th</sup> Congress, the *Expanded & Improved Medicare For All Act* ([HR 676](#)) was  
46 introduced by Rep. John Conyers, Jr. (D-MI) to establish Medicare for All to provide all  
47 individuals residing in the United States and U.S. territories with free health care that  
48 includes all medically necessary care, such as primary care and prevention, dietary and  
49 nutritional therapies, prescription drugs, emergency care, long-term care, mental health  
50 services, dental services, and vision care. In addition, the *American Health Security Act*  
51 ([HR 1200](#)) was introduced by Rep. Jim McDermott (D-WA) who will be retiring at the end of  
52 the year. Currently, neither bill has progressed beyond the introduction stage.

1 In the states, there have been a number of legislative proposals on single payer. A number  
2 of states including Illinois, Maine, Massachusetts, Missouri, New Hampshire, New York,  
3 Ohio, Rhode Island, South Carolina, and Vermont had universal health care proposals  
4 introduced in their legislatures this year. Colorado will vote on universal health care this  
5 November as a ballot initiative. Vermont came the close to enacting single payer but  
6 dropped it in December of 2014 as reported in a New England Journal of Medicine  
7 perspective <http://www.nejm.org/doi/full/10.1056/NEJMp1501050#t=article>.

8  
9 In the past, resolutions for the AAFP support of a single payer system have been offered in  
10 the Congress of Delegates. The Board of Directors' position and rationale state that this is  
11 an issue that has been debated repeatedly; and the issue is affordable health care for all,  
12 not eliminating the competitive marketplace of payers. The AAFP policy on Health Care  
13 Delivery Systems states, "The AAFP supports universal access to basic health care  
14 services for all people. The AAFP believes this goal can be attained with a pluralistic  
15 approach to the financing, organization, and delivery of health care. A pluralistic health care  
16 delivery approach naturally involves competition based on quality, cost, and service."

## 17 **Current Policy**

18  
19  
20 [Health Care for All: A Framework for Moving to a Primary Care-Based Health Care](#)  
21 [System in the United States](#)

22  
23 [Health Care Delivery Systems](#)

## 24 **Prior Congress Actions**

### 25 **Resolution No. 508 from the 2011 COD (Not Adopted):**

26  
27  
28 RESOLVED, That the American Academy of Family Physicians (AAFP) endorse a  
29 single payer health insurance plan as a viable solution to the health care access  
30 crisis, and be it further

31 RESOLVED, That the American Academy of Family Physicians (AAFP) urge the  
32 United States Congress to enact the United States National Health Insurance Act  
33 (H.R. 676), and be it further

34 RESOLVED, That the American Academy of Family Physicians (AAFP) make  
35 available resource materials that constituent chapters and physician members may  
36 use to discuss with other physicians and our patients about various systems of  
37 health care management including a single payer health insurance plan.

38 **Please see Pages 272-275 in the [2011 Transactions](#) for details.**

### 39 **Substitute Resolution No. 508 from the 2011 COD (Adopted):**

40  
41 RESOLVED, That the American Academy of Family Physicians (AAFP) make  
42 available to constituent chapters and physician members educational resource  
43 materials about various health care systems including single payer health care  
44 plans.

45 **Please see Pages 272-275 in the [2011 Transactions](#) for details.**

46 **Please see Page 176 in the [2012 Transactions](#) for follow-up details.**

### 47 **Resolution No. 507 from the 2014 COD (Reaffirmed as Current Policy):**

48  
49 RESOLVED, That the American Academy of Family Physicians actively participate  
50 in national deliberations and discussions pertaining to single payer financing  
51 systems for health care reform.

52 **Please see Page 367 in the [2014 Transactions](#) for details.**

1 **Resolution No. 508 from the 2014 COD (Not Adopted):**  
2 RESOLVED, That the American Academy of Family Physicians support universal  
3 access to comprehensive, affordable, high-quality health care through a single  
4 payer system.

5 **Please see Pages 353-354 in the [2014 Transactions](#) for details.**

6  
7 **Prior Board Actions**

8 Approval of referring an amended recommendation back to the Commission on  
9 Governmental Advocacy for further work that the AAFP add a list of resources to its  
10 web pages that describe ~~alternative~~ health plans, including single payer plans.

11 B2012, May 1-3, p. 15.

12  
13 Approval of a recommendation from the Commission on Governmental Advocacy  
14 that the AAFP add a list of resources to its webpages that describe alternative  
15 health plans, including single payer plans.

16 B2012, July 18-21, p. 20.

17

1 **RESOLUTION NO. 512 (New York I)**

2  
3 **Single Payer**

4  
5 Introduced by the New York State Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, Access to medical care is increasingly threatened by the fact that 29 million  
11 people in the United States are without health insurance, and

12  
13 WHEREAS, the current administrative overhead of health care is increasingly expensive  
14 because of our multiple-payer system with its multiple rules, forms, and procedures, costing  
15 an estimated 17-19% of the total health care dollar in contrast to only 10% in Canada and  
16 some European countries, and

17  
18 WHEREAS, the cost of health care is rising at a pace about double that of inflation, to an  
19 estimated sum of \$3.4 trillion nationally in 2016 and \$5.4 trillion in 2024, with a per capita  
20 spending that is the highest in the world, and

21  
22 WHEREAS, such rising costs threaten to undermine further access to health care services,  
23 and

24  
25 WHEREAS, the current approach to financing health care is largely tax-based with  
26 Medicaid, Medicare, state and local government funding about 60% of health care and the  
27 remainder being employer-financed insurance, which places an unfair burden on employers  
28 and employees, now, therefore, be it

29  
30 RESOLVED, That the American Academy of Family Physicians advocate for a single payer  
31 health care system in the United States that is financed through taxes to replace the current  
32 multiple-payer approach, and be it further

33  
34 RESOLVED, That the American Academy of Family Physicians advocate for a  
35 national single-payer health care system whose rates are set and administrative processes  
36 determined by bilateral negotiations between the payer and provider groups, including  
37 adequate reimbursement to physicians and eliminating wasteful administrative processes to  
38 ensure that physicians are financially stable and able to deliver quality health care.

39  
40 (Received 07/30/16)

41  
42 **Fiscal Impact:** None

43  
44 **Background**

45 The resolution asks the AAFP to advocate for a national single payer health care system. A  
46 single payer health care financing system is one in which the government alone, rather than  
47 the government and private insurers, covers all the health care costs for its population. In  
48 nations that utilize a single payer system; such as Australia, Britain, or Canada; the  
49 government could directly employ health professionals, contract for services from private  
50 organizations, or utilize a mix of private and public providers.

51



1 The single payer system has been considered in the years preceding and following the  
2 enactment of the *Affordable Care Act* (ACA). However, none of those proposals have  
3 received the bipartisan support necessary to progress. Furthermore, no presidential  
4 nominee from either major party has made a single payer system a policy priority.

5  
6 In the 114<sup>th</sup> Congress, the *Expanded & Improved Medicare For All Act* ([HR 676](#)) was  
7 introduced by Rep. John Conyers, Jr. (D-MI) to establish Medicare for All to provide all  
8 individuals residing in the United States and U.S. territories with free health care that  
9 includes all medically necessary care, such as primary care and prevention, dietary and  
10 nutritional therapies, prescription drugs, emergency care, long-term care, mental health  
11 services, dental services, and vision care. In addition, the *American Health Security Act*  
12 ([HR 1200](#)) was introduced by Rep. Jim McDermott (D-WA) who will be retiring at the end of  
13 the year. Currently, neither bill has progressed beyond the introduction stage.

14  
15 In the states, there have been a number of legislative proposals on a single payer. A  
16 number of states including Illinois, Maine, Massachusetts, Missouri, New Hampshire, New  
17 York, Ohio, Rhode Island, South Carolina, and Vermont had universal health care  
18 proposals introduced in their legislatures this year. Colorado will vote on universal health  
19 care this November as it is a ballot initiative. Vermont came the close to enacting single  
20 payer but dropped it in December 2014 as reported in a [New England Journal of Medicine](#)  
21 perspective <http://www.nejm.org/doi/full/10.1056/NEJMp1501050#t=article>.

22  
23 In the past, resolutions for the AAFP support of a single payer system have been offered in  
24 the Congress of Delegates. The Board of Directors' position and rationale state that this is  
25 an issue that has been debated repeatedly; and the issue is affordable health care for all,  
26 not eliminating the competitive marketplace of payers. The AAFP policy on Health Care  
27 Delivery Systems states, "The AAFP supports universal access to basic health care  
28 services for all people. The AAFP believes this goal can be attained with a pluralistic  
29 approach to the financing, organization, and delivery of health care. A pluralistic health care  
30 delivery approach naturally involves competition based on quality, cost, and service."  
31 (Emphasis added)

## 32 33 **Current Policy**

34  
35 [Health Care for All: A Framework for Moving to a Primary Care-Based Health Care](#)  
36 [System in the United States](#)

37  
38 [Health Care Delivery Systems](#)

## 39 40 **Prior Congress Actions**

### 41 42 **Resolution No. 508 from the 2011 COD (Not Adopted):**

43 RESOLVED, That the American Academy of Family Physicians (AAFP) endorse a  
44 single payer health insurance plan as a viable solution to the health care access crisis,  
45 and be it further

46 RESOLVED, That the American Academy of Family Physicians (AAFP) urge the  
47 United States Congress to enact the United States National Health Insurance Act (H.R.  
48 676), and be it further

1 RESOLVED, That the American Academy of Family Physicians (AAFP) make available  
2 resource materials that constituent chapters and physician members may use to  
3 discuss with other physicians and our patients about various systems of health care  
4 management including a single payer health insurance plan.

5 **Please see Pages 272-275 in the [2011 Transactions](#) for details.**

6  
7 **Substitute Resolution No. 508 from the 2011 COD (Adopted):**

8 RESOLVED, That the American Academy of Family Physicians (AAFP) make available  
9 to constituent chapters and physician members educational resource materials about  
10 various health care systems including single payer health care plans.

11 **Please see Pages 272-275 in the [2011 Transactions](#) for details.**

12 **Please see Page 176 in the [2012 Transactions](#) for follow-up details.**

13  
14 **Resolution No. 507 from the 2014 COD (Reaffirmed as Current Policy):**

15 RESOLVED, That the American Academy of Family Physicians actively participate in  
16 national deliberations and discussions pertaining to single payer financing systems for  
17 health care reform.

18 **Please see Page 367 in the [2014 Transactions](#) for details.**

19  
20 **Prior Board Actions**

21 Approval of referring an amended recommendation back to the Commission on  
22 Governmental Advocacy for further work that the AAFP add a list of resources to its  
23 web pages that describe ~~alternative~~ health plans, including single payer plans.  
24 B2012, May 1-3, p. 15.

25  
26 Approval of a recommendation from the Commission on Governmental Advocacy  
27 that the AAFP add a list of resources to its webpages that describe alternative  
28 health plans, including single payer plans.  
29 B2012, July 18-21, p. 20.  
30

1 **RESOLUTION NO. 513 (New York C)**

2  
3 **Make the Minimum Wage a Living Wage**

4  
5 Introduced by the New York State Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, Poverty is a major social determinant of health as recognized by the American  
11 Academy of Family Physicians (AAFP), and

12  
13 WHEREAS, the current federal minimum wage of \$7.25 is worth roughly 25 percent less  
14 than the minimum wage in 1968, and

15  
16 WHEREAS, a person earning the current minimum wage 40 hours per week for 50 weeks  
17 of the year grosses \$14,500 in earnings, and

18  
19 WHEREAS, the federal poverty level for a family of two in 2015 is \$15,930, and for a family  
20 of four is \$24,250, and

21  
22 WHEREAS, the current inflation-adjusted federal minimum wage would be \$10.90 per hour,  
23 and

24  
25 WHEREAS, the current minimum wage disproportionately affects those that are white,  
26 young, and women, and

27  
28 WHEREAS, Americans in poverty are more likely than those who are not to struggle with a  
29 wide array of chronic health problems – including depression, obesity, asthma, diabetes,  
30 hypertension, and cardiac disease, and

31  
32 WHEREAS, minimum wage increases have been shown to not have adverse effects on  
33 employment, and

34  
35 WHEREAS, the American Public Health Association has strongly supported minimum wage  
36 increases, including through a policy statement stressing that “federal, state, and local  
37 governments should consider and evaluate labor and tax policies to increase income to  
38 minimum sustenance levels for the working poor as an explicit public health intervention”,  
39 now, therefore, be it

40  
41 RESOLVED, That the American Academy of Family Physicians support indexing the  
42 federal minimum wage to the Federal Poverty Level as a means of decreasing health  
43 disparities, and be it further

44  
45 RESOLVED, That the American Academy of Family Physicians support providing tax relief  
46 or other forms of relief for small businesses to reduce their cost of implementing the  
47 minimum wage requirement.

48  
49 (Received 07/30/16)

50  
51 **Fiscal Impact:** None

52

1 **Background**

2 Efforts to raise the federal minimum wage generally split along party lines, with Democrats  
3 in support of raising it and Republicans opposed. Many of the arguments in support of  
4 raising the minimum wage are expressed in the “whereas” clauses above; the principal  
5 argument advanced against it is that it will discourage employers from creating new jobs  
6 and hiring new workers. Another argument among Congressional Republicans is that the  
7 federal minimum wage is merely a national floor; the states and municipalities can and do  
8 set state and local minimum wages that often exceed the federal minimum wage (for  
9 example the minimum wage in the City of San Francisco is \$13.00 per hour), and those  
10 states and local governments should act to best meet the unique needs of their  
11 communities, rather than the U.S. Congress.  
12

13 Raising the Federal Minimum Wage and Indexing it to Inflation

14 The federal minimum wage is \$7.25 per hour. In 2007, Congress enacted the *Fair Minimum*  
15 *Wage Act of 2007*, which raised the federal minimum wage from \$5.15 per hour to \$7.25  
16 per hour, in stages. This was one of the first legislative acts of the newly-elected  
17 Democratic Congress, and was signed into law by President Bush.  
18

19 In 2014, the Democratic Senate sought to bring to a floor vote the *Minimum Wage Fairness*  
20 *Act* (S 2223), sponsored by Sen. Tom Harkin (D-IA), which failed to clear the 60-vote  
21 minimum threshold to end debate and reach a vote on the merits. S 2223 would have  
22 increased the current federal minimum wage of \$7.25 to \$10.10 over a 30-month window,  
23 with annual increases in inflation afterward. The bill failed to advance by a vote of 54-42.  
24 Only one Republican (Sen. Bob Corker of Tennessee) voted to end debate and put the bill  
25 to a vote. The bill was strongly supported by the Obama Administration.  
26

27 Another prominent proposal in the current Congress is the *Pay Workers a Living Wage Act*,  
28 introduced in the current Congress by Sen. Bernie Sanders (I-VT) as S 1832 and Reps.  
29 Raul Grijalva (D-AZ) and Keith Ellison (D-MN) as HR 3164. This bill would raise the federal  
30 minimum wage to \$15.00 by 2020, and then index the minimum wage to inflation. This bill  
31 has more modest support, even among Democrats (5 Senate co-sponsors and 55 House  
32 co-sponsors).  
33

34 The Obama Administration has issued executive orders that advance the cause of raising  
35 the minimum wage, e.g. by raising the minimum wage for certain federal contractors.  
36 President Obama signed an executive order in early 2014 that accomplished the policy in  
37 the Harkin bill (increase minimum wage from \$7.25 to \$10.10 over three years and index to  
38 inflation thereafter) for some 2 million employees of government contractors. The U.S.  
39 Department of Labor has also launched a [web page](#) dedicated to the topic of wage equity.  
40

41 Tax Relief for Small Businesses to Offset Higher Minimum Wage

42 Although there is no specific legislative proposal designed to reduce the cost to small  
43 business of implementing a higher minimum wage requirement, certain tools in the tax code  
44 could be used to accomplish this purpose. For example, as an economic stimulus during  
45 the post-financial crisis economic recovery, Congress enacted a “payroll tax holiday” that  
46 lasted for two years. The employee portion of the Social Security payroll tax is 6.2 percent  
47 of individual earnings, up to the taxable maximum of \$110,100. From January 1, 2011  
48 through Jan. 1, 2013, Congress reduced that from 6.2 percent to 4.2 percent. This resulted  
49 in a take-home pay hike for most American workers. The employer share of 6.2 percent  
50 remained in place during that time. While controversial in some respects—because the  
51 payroll tax is used to fund the Social Security system—this is an example of the type of tool  
52 that could be used to decrease the tax burden on an employer in order to help them more  
53 easily pay a higher minimum wage.

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**Current Policy**

**Poverty and Health: The Family Medicine Perspective**

**Prior Congress Actions**

None

**Prior Board Actions**

Consideration of a recommendation from the Commission on Membership and Member Services referring the NCSC Resolution No. 3008 “Raising the Minimum Wage” to the Board of Directors. This resolution will be included on the agenda for the Board’s July meeting for consideration.

BC1:12014, June 26, p. 1.

Joint referral of the 2014 NCSC Resolution No. 3008, “Raising the Minimum Wage” to the Commission on Governmental Advocacy and the Commission on Health of the Public and Science.

B2014, July 30-August 1, p. 26.

Approval of a recommendation from the Subcommittee on Resolution and Policy Review and upon a motion duly made, seconded and carried, the Board referred 2014 National Conference of Medical Students Resolution No. S1-405, “Support for Increasing the Minimum Wage” to the Commissions on Governmental Advocacy and Health of the Public and Science.

B2015, February 25-27, p. 7.

Approval of a recommendation from the Commission of Health of the Public and Science that the new position paper titled, “Poverty and Health – The Family Medicine Perspective” in response to 2014 NCSM Resolution No. S1-405.”Support for Increasing the Minimum Wage” and 2014 NCSC Resolution No. 3008 “Raising the Minimum Wage.”

B2015, July 22-25, p. 13 and Attachment 2.

1 **RESOLUTION NO. 514 (New York H)**

2  
3 **Health Coverage for Nutritional Products for Inborn Errors of Metabolism**

4  
5 Introduced by the New York State Chapter

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, Individuals with inborn errors of metabolism require specialized nutrition for  
11 health and survival, and

12  
13 WHEREAS, this nutrition is of necessity manufactured and is not a natural food, and

14  
15 WHEREAS, these products are expensive to produce and not in high demand, and are  
16 therefore costly, and

17  
18 WHEREAS, these products are not considered medication nor considered an essential  
19 health benefit under the Patient Protection and Affordable Care Act, and

20  
21 WHEREAS, Medicaid provides insurance coverage for these products in some states, but  
22 many private insurer and self-funded insurance plans do not, now, therefore, be it

23  
24 RESOLVED, That the American Academy of Family Physicians advocate with the U.S.  
25 Department of Health and Human Services and members of U.S. Congress for the  
26 classification of specialized nutritional products for the treatment of inborn errors of  
27 metabolism as an essential health benefit under the Patient Protection and Affordable Care  
28 Act for individuals of all ages diagnosed with these conditions, and that they be categorized  
29 as preventive measures not subject to cost sharing.

30  
31 (Received 07/30/16)

32  
33 **Fiscal Impact:** None

34  
35 **Background**

36 The *Affordable Care Act* requires that non-grandfathered health plans in the individual and  
37 small group markets cover essential health benefits (EHB), which include items and  
38 services in the following ten benefit categories: (1) ambulatory patient services; (2)  
39 emergency services; (3) hospitalization; (4) maternity and newborn care; (5) mental health  
40 and substance use disorder services including behavioral health treatment; (6) prescription  
41 drugs; (7) rehabilitative and habilitative services and devices; (8) laboratory services; (9)  
42 preventive and wellness services and chronic disease management; and (10) pediatric  
43 services, including oral and vision care.

44  
45 Through notice of proposed rulemaking with public comment, the Department of Health and  
46 Human Services (HHS) defines the essential health benefits within these 10 categories.  
47 The ACA requires HHS to ensure that such essential health benefits a) reflect an  
48 appropriate balance among the categories described in such subsection, so that benefits  
49 are not unduly weighted toward any category; b) not make coverage decisions, determine  
50 reimbursement rates, establish incentive programs, or design benefits in ways that  
51 discriminate against individuals because of their age, disability, or expected length of life; b)  
52 take into account the health care needs of diverse segments of the population, including  
53 women, children, persons with disabilities, and other groups; and d) ensure that health  
54 benefits established as essential not be subject to denial to individuals against their wishes

1 on the basis of the individuals' age or expected length of life or of the individuals' present or  
2 predicted disability, degree of medical dependency, or quality of life.  
3

4 Although genetic disorders are often considered to be "rare", collectively they are common.  
5 Birth defects are the most common cause of death in the first year of life in the United  
6 States, and each year more than 3 million children under the age of 5 years die from a birth  
7 defect. The economic impact is large, as each child with a genetic disorder is estimated to  
8 cost the healthcare system a total of \$5 million dollars over their lifetime. With the  
9 President's Precision Medicine Initiative, and the continued drop in costs of DNA  
10 sequencing, the number of individuals in the United States diagnosed with genetic disease  
11 is likely to rise over the next decade.  
12

13 A subset of these individuals with genetic disorders have "inborn errors of metabolism," in  
14 which the genetic defect leads to a problem with the way the body processes biomolecules,  
15 such as carbohydrates, fats, and proteins. Some of these inborn errors of metabolism have  
16 highly effective dietary treatments. For these patients, these specialized nutritional products  
17 are not only lifesaving; they also lead to improved cognitive and developmental outcomes  
18 for these children.  
19

20 It has long been the mission of federally mandated state-run newborn screening programs  
21 to identify children with inborn errors of metabolism prior to the onset of damaging  
22 symptoms, so that they can benefit from these nutritional products. These specialized  
23 nutritional products provide a life-changing and life-saving treatment for these children.  
24

## 25 **Current Policy**

### 26 [Healthy Foods](#)

## 27 **Prior Congress Actions**

28 None

## 29 **Prior Board Actions**

30 None  
31  
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33  
34

1 **RESOLUTION NO. 515 (Co-Sponsored I)**

2  
3 **National Prescription Drug Monitoring Program**

4  
5 Introduced by the Missouri, Arkansas, Kansas and Tennessee Chapters

6  
7 Referred to the Reference Committee on Advocacy

8  
9  
10 WHEREAS, Each day, 78 (2014) people die from an overdose of opioids and other  
11 prescription drugs in the United States<sup>1</sup>, and

12  
13 WHEREAS, opioid overdoses have exponentially increased in the last 10 years, and

14  
15 WHEREAS, Missouri has the seventh highest overdose rate in the country<sup>2</sup>, and

16  
17 WHEREAS, Missouri shares eight border states – the most in the country – and has  
18 become a safe haven for doctor shoppers, and

19  
20 WHEREAS, Missouri is the only state<sup>3</sup> without a prescription drug monitoring program, and

21  
22 WHEREAS, St. Louis City and County have passed and are implementing local prescription  
23 drug monitoring programs and other Missouri communities are actively pursuing the same,  
24 and

25  
26 WHEREAS, a prescription drug monitoring program is a critical tool for reducing the abuse,  
27 addiction, and diversion of opioids and other prescription drugs<sup>4</sup>, and

28  
29 WHEREAS, a prescription drug monitoring program supports access to legitimate medical  
30 use of controlled substances, and

31  
32 WHEREAS, Missouri legislators, law enforcement, physicians, pharmacists, prevention and  
33 substance abuse groups, health care organizations, and citizens have supported the  
34 passage of a prescription drug monitoring program since 2007, and

35  
36 WHEREAS, patient privacy is a critical provision of a successful program, and

37  
38 WHEREAS, prescription drug monitoring programs in other states<sup>5</sup> have been shown to  
39 reduce abuse, save lives, and protect our communities, and

40  
41 WHEREAS, the American Academy of Family Physicians position paper on “Pain  
42 Management and Opioid Abuse: A Public Health Concern”<sup>6</sup>, urges all states to implement  
43 prescription drug monitoring programs and the interstate exchange of registry information  
44 as called for under the National All Schedules Prescription Electronic Reporting (NASPER)  
45 Act of 2005, now, therefore, be it

46  
47 RESOLVED, That the American Academy of Family Physicians advocate for interoperability  
48 between prescription drug monitoring programs that will ensure secure data transport  
49 between systems and maintain the utmost highest level of privacy for patients’ history of  
50 controlled substance prescriptions, and be it further

51



1 RESOLVED, That the American Academy of Family Physicians advocate for creating a  
2 secure national database for physicians and pharmacists to maintain and review  
3 information about patients who have been prescribed drugs that have a high potential for  
4 being abused or misused, such as opioid agonists, benzodiazepines, sedative hypnotics,  
5 amphetamines and similar agents, and cannabinoids.

6  
7 (Received 08/11/16)

8  
9 **Fiscal Impact:** None

10  
11 **Background**

12 The current policy for AAFP challenges its members at the physician level to appropriately  
13 use prescription drug monitoring programs (PDMPs). The AAFP supports implementation  
14 and use of PDMPs and greater physician input into pain management regulation and  
15 legislation. At the advocacy level AAFP policy states that they will work with state and  
16 national partners to improve the functionality, utility, and interoperability of PDMPs and  
17 develop best practices for their use and implementation.

18  
19 While there is currently no federal legislation to call for a national PDMP database,  
20 Congress has taken steps to create and strengthen prescription drug monitoring programs.  
21 On August 11, 2005, President George W. Bush signed into law the *National All Schedules*  
22 *Prescription Electronic Reporting* (NASPER) Act. NASPER authorized state grants  
23 administered by the U.S. Health and Human Services Department (HHS) to combat  
24 prescription drug abuse through a prescription monitoring program. Since 2002, the Hal  
25 Rogers Prescription Monitoring Program, named for Rep. Harold Rogers (R-KY) who chairs  
26 the House Appropriations Committee, has provided grants managed by the U.S.  
27 Department of Justice to states and territories set up and improve PDMPs.

28  
29 On July 22, 2016, President Obama signed into law the *Comprehensive Addiction and*  
30 *Recovery Act* (CARA). This is the first major federal addiction legislation in 40 years, and  
31 the most comprehensive effort undertaken to address the opioid epidemic, encompassing  
32 all six pillars necessary for such a coordinated response—prevention, treatment, recovery,  
33 law enforcement, criminal justice reform, and overdose reversal. CARA reauthorized the  
34 funding for NASPER for states to improve or maintain a PDMP.

35  
36 CARA requires the HHS Secretary to maintain, supplement or revise minimum  
37 requirements for criteria to be used by States for applying the latest advances in health  
38 information technology in order to incorporate prescription drug monitoring program data  
39 directly in the workflow of prescribers and dispensers to ensure timely access to patients'  
40 controlled prescription drug history. CARA also created a comprehensive opioid abuse  
41 grant program which makes grants available to states to provide services primarily related  
42 to opioid abuse. A qualifier for a state to receive a grant is for a state to develop, implement,  
43 or expand a prescription drug monitoring program to collect and analyze data related to the  
44 prescribing of schedules II, III, and IV controlled substances through a centralized database  
45 administered by an authorized State agency, which includes tracking the dispensation of  
46 such substances, and providing for interoperability and data sharing with each other such  
47 program in each other State, and with any interstate entity that shares information between  
48 such programs.

49  
50 While CARA authorizes over \$181 million each year in new funding to fight the opioid  
51 epidemic, monies must be appropriated annually in order for it to be distributed in  
52 accordance with the law. Congress has not yet finalized fiscal year 2017 appropriations  
53 bills.

1 At the state level, 49 states and the District of Columbia have PDMPs. Missouri is the only  
2 state which does not have one. Additionally, more than 30 states are members of the  
3 National Association of Boards of Pharmacy (NABP) PMP InterConnect. NABP PMP  
4 InterConnect facilitates the transfer of prescription monitoring program data across state  
5 lines to authorized users. Through PMP InterConnect, users of participating PMPs are able  
6 to securely exchange prescription data between certain states. If a state is a member,  
7 authorized PMP users in that state may gain access to interstate data by logging directly  
8 into the state PMP in which they are a registered user. NABP continues to work with other  
9 state PMPs to facilitate their participation.

10  
11 There is little legislative activity regarding state interoperability with PDMPs. Much of the  
12 legislation introduced during the 2016 state legislative sessions regarding PDMPs was to  
13 mandate their use. According to the National Safety Council, 14 states currently mandate  
14 the use of PDMPs. Although there is little legislation addressing this, it does not mean that it  
15 is not a concern of the states. 46 Governors have signed the National Governor's  
16 Association Compact to Fight Opioid Addiction. With the compact, these Governors commit  
17 to build on their efforts to fight opioid addiction by, "integrating data from state prescription  
18 drug monitoring programs into electronic health records and requiring PMP use by opioid  
19 prescribers and dispensers." Additionally in 2012, the Substance Abuse and Mental Health  
20 Services Administration (SAMHSA) released PDMP-EHR Integration and Interoperability  
21 Expansion Grants as a way to increase interoperability across state lines and improve real-  
22 time provider access to data. Nine states were granted funding.

## 23 24 **Current Policy**

25  
26 [Opioid and Pain Management](#) (Position Paper)

27  
28 [Drugs, Opposition to Mandatory Education for Drug Prescribing](#)

29  
30 [Substance Abuse and Addiction](#)

## 31 32 **Prior Congress Actions**

### 33 34 **Resolution No. 511 from the 2014 COD (Adopted):**

35 RESOLVED, that the American Academy of Family Physicians work with the Office of  
36 Diversion Control and/or the Office of the Administrator of the Drug Enforcement  
37 Administration to change the current rules for electronic prescribing of controlled  
38 substances so that the prescriptions can more easily be sent electronically directly to  
39 the pharmacy in a safe and secure manner.

40 **Please see Pages 360-361 in the [2014 Transactions](#) for details.**

41 **Please see [Substitute Resolution No. 511](#) on the AAFP website for follow-up details.**

### 42 43 **Resolution No. 206 from the 2015 COD (Substitute Adopted):**

44 RESOLVED, That the American Academy of Family Physicians request the Veterans  
45 Administration participate in any and all state prescription monitoring programs.

46 **Please see Pages 351-352 in the [2015 Transactions](#) for details.**

47 **Please see [Resolution No. 206](#) on the AAFP website for follow-up details.**

## 48 49 **Prior Board Actions**

50 Approval of a recommendation from the Commission on Governmental Advocacy that  
51 the AAFP Board of Directors reaffirm as current policy and practice 2013 NCSC  
52 Resolution No. 1006, "Controlled Substances Nationwide Tracking System."

53 B2014, April 29-May 1, p. 42.

1 Approval of a recommendation from the Commission on Governmental Advocacy that  
2 the AAFP send a letter to the U.S. Drug Enforcement Administration (DEA) calling for  
3 improving the electronic prescriptions of controlled substances in support of 2014 COD  
4 Resolution No. 511, "Electronic Prescription of Controlled Substances" (Adopted)  
5 B2015, April 28-30, p. 79.

6  
7 Approval of a letter to the DEA in response to 2014 COD Resolution No. 511,  
8 "Electronic Prescription of Controlled Substances."  
9 BC1:12015, June 3, p. 1.

10  
11 Update on activities regarding the opioid prescribing and abuse issues. The AAFP was  
12 represented in several meetings and many media inquiries on these issues. Approval  
13 of a recommendation to form a Member Advisory Group to assist the staff working  
14 group on issues of importance to members in this arena. Additionally, Government  
15 Relations staff is monitoring possible legislation at the federal and state levels and will  
16 provide appropriate comment and assistance as necessary; Communications and  
17 Membership staff is working to engage with Chapters and members on this important  
18 area.  
19 B2016, February 24-26, p. 10.

20  
21 **References:**

- 22  
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26 3. Occupational Health and Safety Website,  
27 <https://ohsonline.com/articles/2012/08/21/missouri-lone-holdout-on-prescription-drug->  
28 [monitoring.aspx?admgarea=news](https://ohsonline.com/articles/2012/08/21/missouri-lone-holdout-on-prescription-drug-monitoring.aspx?admgarea=news)  
29 4. US Department of Justice, Drug Enforcement Administration, Office of Diversion Control,  
30 [http://www.deadiversion.usdoj.gov/faq/rx\\_monitor.htm](http://www.deadiversion.usdoj.gov/faq/rx_monitor.htm)  
31 5. Center for Disease Control State Successes,  
32 <http://www.cdc.gov/drugoverdose/policy/successes.html>  
33 6. American Academy of Family Physicians Position Paper,  
34 [http://www.aafp.org/dam/AAFP/documents/patient\\_care/pain\\_management/opioid-abuse-](http://www.aafp.org/dam/AAFP/documents/patient_care/pain_management/opioid-abuse-)  
35 [position-paper.pdf](http://www.aafp.org/dam/AAFP/documents/patient_care/pain_management/opioid-abuse-position-paper.pdf)